



Make a Will

Make a difference



Thera Trust



@TheraTrust



About Thera



support

Thera supports people with a learning disability to have more control over their own life.

We enable people to live a good life and fulfil their potential, regardless of their support needs.



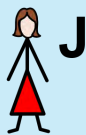
gift

Your legacy gift could help us:

- support people into **volunteering** or **employment**
- support people to be **involved in their community**
- **invest in a future** where people with a learning disability are **valued** and **treated as equals**



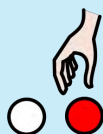
Janet's story



Janet



rent



choice



clothes



shopping


Janet has been supported by Thera in her own home since 2008. She previously lived in an institution, with little choice or control over her life.

With support from Thera, she has been able to take control and now rents her own home. She loves to be around people and is quick to answer the door and put the kettle on when she has visitors.

Janet takes pride in her appearance and choosing her own clothes; though this is an everyday task for most of us, Janet's clothes were chosen for her when she lived in the institution.

Clothes define our personality and identity and without these small every day choices, the power that individuals have over how they live is gradually eroded.

These days, Janet loves to go clothes shopping with her support worker, stopping for a cup of tea or lunch afterwards.



Mark's story



move

Mark had always wanted to move back to Ely and made his wishes clear in a number of review meetings. This is where his family live and it is the area where Mark grew up.



housing

The main issue was location; Ely is expensive with a shortage of suitable housing, and privately renting was not an affordable option for Mark.



rent

Thera supported Mark to find a suitable home in the area he wanted to live. As soon as a house was located, Mark had one visit and moved in within 3 weeks! The house is rented through the housing association and he will be sharing his home with two other gentlemen.



summer house

Mark loves having his own space and has recently created a “man cave” in the garden. Mark and his dad are going to fix up the summer house to hold a small pool table and maybe a TV. In the summer, he is planning to host BBQs and social events.

Making a Will



plan

Making a Will helps you to look after the people you care about. If you don't make a Will, you cannot be sure that they will get what you intend.

After you think about your family and friends, you could consider leaving a gift to Thera.



gift

Whether you give money or another gift, your legacy could make a huge difference to the lives of people with a learning disability.

Giving to Thera would help us continue supporting people to live happy, independent lives.



information

To leave a gift in your Will, you need to include our details:

Charity number: 1090163
Thera Trust
The West House
Alpha Court, Swingbridge Road
Grantham, NG31 7XT



Your checklist:



checklist

1. Work out what you have to give
2. Decide who to include in your Will
Family?
Friends?
Charities?
3. Choose who will be your executor(s)
4. Find a solicitor to help you
5. Make sure your Will stays up-to-date
6. The safe place I keep my Will is:

Your notes:



notes



talk

Talk to us, confidentially, to learn more about Thera and how your legacy could support our work.



contact

Andrea Moulding, Fundraising Manager

Telephone: **07734 975705**

Email: **Andrea.Moulding@thera.co.uk**

Web: **www.thera.co.uk**



learn

Learn more about Wills and find professional help at: **www.lawsociety.org.uk**

Thera Trust is a registered charity (no. 1090163)

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What will your legacy be?



**REMEMBER US IN
YOUR WILL**
Help our work live on...

www.rememberacharity.org.uk