

Gig Buddies  
Lothians

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Newsletter  
Summer 2018



West Lothian  
Council

Upcoming Events

# fringe

The Edinburgh Festival

This year we are proud to be continuing our relationship with the Edinburgh Festival Fringe! We will have a number of events coming up over the course of the festival. Due to limit space, these will only be for Gig Buddies members. These events will be first come, first served, so be sure to keep an eye out for our emails and text messages!



## July 28th - Edinburgh

At the end of July, we are continuing our ongoing series of 'Real Gigs in Real Venues' by hosting a gig at Portobello Town Hall.

As always, there will be great live music from a host of bands, and this time we are excited to welcome Drake Music Scotland to the show! Early bird tickets are available now from **billetto.com** just search for 'Gig Buddies'. If you buy tickets online, you can get them for **£6**. Tickets on the door will be **£8**. People in a supporting role go **FREE**.

**July 28th, 7:30pm - 11pm**  
**Portobello Town Hall,**  
**147-149 Portobello High Street,**  
**Edinburgh, EH15 1AF**

**Check out the poster  
on page 9!**

## September 2nd - West Lothian



Join us at **Kirkston Park in Bathgate** for **Party In The Park 2018** on **Sunday 2nd September!** Party in the Park is a **FREE** annual music and fun event for all the family.

Gig Buddies will be there from **2pm-6pm**. Feel free to come along, listen to some great music, and meet new people!

**Kirkston Park, Bathgate, West Lothian, EH48 1ET**

## Local Members Meetings

Our members meetings are a great place to have your say on what Gig Buddies gets up to, but also a great place to meet new people in your local Gig Buddies community. Come along and have your voice heard!

### West Lothian

Saturday 6th October  
12pm-1:30pm

Howden Park Centre Cafe,  
Howden  
Livingston,  
EH54 6AE

### Edinburgh

Sunday October 7th  
12pm-1:30pm

Upward Mobility,  
St Margarets House,  
London Road,  
EH7 6AE

For more information on any of our events please contact:  
[samuel.maggs@thera.co.uk](mailto:samuel.maggs@thera.co.uk)  
or call 07738486001

# Gig Buddies - 'Oot & Aboot'



Jazz Festival Mardi Gras Social

Linlithgow Picnic 'mEAT UP'



Gig Buddies & Upmo @ The Elbe Room





**What**



**GIG  
BUDDIES**  
SOUND PEOPLE

**Means to me**

In each edition of the Gig Buddies Newsletter we like to invite someone to tell us what Gig Buddies means to them. This could be a participant, a volunteer, or anyone who has worked with Gig Buddies.

This time, one of our participants, Richard, is telling us what he gains from being part of Gig Buddies.

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I recently got a Gig Buddy, we've been buddies for about 3 months now. It's going really well! Having my Gig Buddy makes it much easier getting out and about. It's good to get out more, rather than being stuck in the house. My buddy is really fun to be around and we've got a lot in common, especially the kind of TV shows we like. Going out with him gives me something to look forward to.

I've recommended Gig Buddies to some of my friends. I think people should join because it's so fun. The socials are something I really look forward to as I like meeting new people. I really liked the social at the Jazz Bar in Edinburgh. What I liked about the event was that there was live music but it wasn't so loud that you couldn't talk to people, I found it really sociable. Gig Buddies is really good for getting out to new places.

I think it's a really great project! Thanks for running fun events and finding me a great buddy!

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Thanks for the kind words Richard! We're so glad that you and your Gig Buddy are getting on so well!

If you'd like to tell us what Gig Buddies means to you, simply get in touch with Sam and we'll put it in the next newsletter!

## Rambling 'round River City

We were lucky to get a number of spaces for a tour of the River City set. In July, 15 of us set off to Dumbarton to find out how they make the show!

*I'm a huge River City fan. I watch it every week. It felt real being there. Everything was so realistic. My favourite part was being on the set of 'The Tall Ship'*  
- Kerry



*Thoroughly enjoyed it. It was so interesting to see how back stage works.*  
- Lisa

*It was really fun being on the set. When it first came out, I was hooked. It was good to get the opportunity to go around a TV set. I loved learning how they put together the TV show.*  
- Richard



*I liked all of it!  
- Scott*



*Everyone was really freindly, there was passion inside them. I've never seen the show but I learnt a lot about it. It was wonderful! - Mars*



*I had a really fantastic day. It took me back to when I first started watching it. Being there made me think that maybe I could be in the show, acting in it myself! I'm a big fan of the show, I try to never miss an episode. It wasn't on during the world cup and that really annoyed me. I had an awesome day!  
- Colin*





# A Fond Farewell

Sometimes our volunteers have to stop being a gig buddy. This could be because they are moving away or things change in their personal life meaning they can't commit the same amount of time. Don and Phil were Gig Buddies Scotland's first ever pairing, but recently Phil had to step down from his role as a volunteer. Don has written this to say thanks.

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Phil,

Thankyou for everything you've done with me with Gig Buddies. Thanks for all your time and giving up your time to go out with me. I loved going out to concerts with you and really enjoyed your company. My favourite time was going across to Glasgow to see Shaking Stevens in concert, it was fantastic. You were so wonderful to be with. My new Gig Buddy, Michael, is very helpful with me and very understanding. I'm getting on great with him. We've been out a few times, and it's going really well. I hope you keep well, I'll miss our regular outings, and all our laughs.

Stay in touch and don't be a stanger,  
Don





# Gig Buddies Rocks Portobello

**GIG BUDDIES**  
SOUND PEOPLE

**Upmo**  
support and opportunity

REAL GIGS IN REAL VENUES!

*Gig Buddies Lothians and Upmo Present An Inclusive evening of live music.*

**GIG**

Saturday 28th July  
7:30pm-11:30pm  
Portobello Town Hall,  
Edinburgh,  
EH15 1AF

Entry: £8/Free for support

**Early Bird Tickets available for £6 from [billetto.co.uk](http://billetto.co.uk)**  
For more information contact [samuel.maggs@thera.co.uk](mailto:samuel.maggs@thera.co.uk)

Thera (Scotland)  
/theragroup  
@theratrust

**GIG BUDDIES**  
SOUND PEOPLE  
gigbuddiescotland  
@gigbuddies\_scol

Upmo  
support and opportunity  
UpmoProject  
@UpmoProject

DRAKE MUSIC  
SCOTLAND  
@DrakeMusicScot

FUNDED BY  
**EDINBURGH**  
THE CITY OF EDINBURGH COUNCIL

We have a gig at Portobello Town Hall on  
Saturday, 28th July 7:30pm-11pm

There will be great live music from Gig Buddies, Upmo  
and Drake Music Scotland!

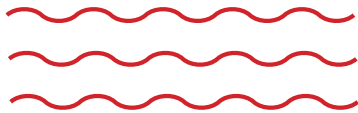
Tickets on sale now! For more info call Sam on  
07738486001

# Our Guide to The Festival

With the Edinburgh Festivals fast approaching, we want to help as many people as possible get out to events they love! Here are some handy tips to make your festival relaxed and as fun as possible.

## Step 1 - Find the events you love!

Pick up one of the many festival guides that are all over town. Look through them and circle the events you want to go to. Or go online and look there!

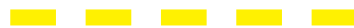


The Festival Fringe is the largest arts festival in the world. Here you can find all sorts of events, comedy, music, theatre, you name it, it's in here! Most of the big comedians you see advertised around town will be in this book.

You can also find everything on [tickets.edfringe.com](http://tickets.edfringe.com)

The Edinburgh International Festival shows lots of classical music and theatre. They also have some very special one off shows happening throughout august.

Or go to [www.eif.co.uk](http://www.eif.co.uk)



**EDINBURGH  
INTERNATIONAL  
FESTIVAL**



The Free Fringe is exactly that: FREE! There's loads of events to choose from here, each one of them completely free to attend! You don't even need to book tickets, just turn up on the door.

[freefringe.org.uk](http://freefringe.org.uk)

## Step 2 - Book tickets and go to your show

Once you've chosen your shows, it's time to book tickets. If you need support going to a show, there are a number of ways you can get help.

The Fringe offer some great help for people with support needs. If you're looking for a list of accessible venues and shows, go to:

[www.edfringe.com/experience/accessibility-and-additional-needs](http://www.edfringe.com/experience/accessibility-and-additional-needs)

On this site you can find all sorts of useful information including their dedicated access booking line which can be reached via: 0131 2260002

If you require support along to any show, the Fringe Festival can provide you with an extra ticket free of charge for any show in their programme. Simply call the access line and let them know your situation.

The International Festival offer similar help. If you're looking for a list of accessible venues and shows, go to:

[www.eif.co.uk/whats-on/accessible-performances](http://www.eif.co.uk/whats-on/accessible-performances)

On this site you can find all sorts of useful information including their booking line which can be reached via: 0131 4732056

If you require support along to any show, the International Festival can provide you with an extra ticket free of charge for any show in their programme. Simply call the booking line and let them know your situation.

## Step 3 - Relax

The festival makes Edinburgh a very busy place, but it can still be enjoyable. Give yourself lots of time to get to your shows, try to arrive early, and let the venue know if you need any help.

### Gig Buddies Top Tip!

Looking to watch a show and relax? Check out The BBC area @ George Herriots School. It's fully accessible and all shows are FREE! It's a great place to unwind after being in busy crowds.

# Regular Events We Love!

If you're looking for a good night out we've got a few ideas for you!

The logo for 'get2gether' features the word 'get' in black, a large red '2' in the middle, and 'gether' in black. The entire logo is tilted slightly to the right.

Our friends at Get2Gether regularly run events such as disco's and karaoke nights all over the lothians, not to mention their now legendary clubnight at ATIK. To find out what they've got coming up search 'Get2Gether' on [Facebook](#). Or give them a call on 07867179023

## Three on a Thursday

[St Cecillas Music Hall](#) on Niddry Street is our first official partner venue. Every third thursday of the month they run a great evening concert featuring 3 acts ranging in genre. They're also the oldest music venue in the country! Well worth checking out!

The logo for 'thejazzbar' is written in a bold, white, lowercase sans-serif font on a dark red rectangular background.

Do you like jazz? The Jazz Bar on Chambers Street run a FREE afternoon of music every saturday from 2pm-5pm. Bored on a rainy day? This is the perfect solution.

If it's still raining on Sunday, The Stand Comedy Club (York Place) have you covered! Every Sunday from 1pm they run a FREE improv comedy show. Each show is different from the last, meaning you can go time and time again!



We'll try and include as many different events as we can in this section in all future newsletters. If you find a great event that happens regularly, let us know!



# Gig Buddies Lothians

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## Get in touch with us!

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 [/gigbuddiesscotland](https://www.facebook.com/gigbuddiesscotland)

 [@gigbuddies\\_scot](https://twitter.com/gigbuddies_scot)

