



GIG BUDDIES

VIRTUAL INSANITY

JULY 2020
NEWSLETTER





WHAT IS IT?

Hi Everyone,

We hope you're keeping well throughout this difficult time.

At Gig Buddies we aim to continue keeping our members connected and having a great time with each other. At the end of March we launched our 'Virtual Insanity' project, connecting our members together via online activities. It's been great to see so many people continue to get involved with our online activities over the past few months. If you haven't joined in yet, don't be shy! Everyone is welcome! If you need help, call your local Gig Buddies Staff Member and we can help you get involved.

The Zoom logo, consisting of the word 'zoom' in a blue, lowercase, sans-serif font.



The Kahoot! logo, featuring the word 'Kahoot!' in white, bold, sans-serif font, set against a background of four colored squares: red, blue, yellow, and green.

By using apps like Facebook, Zoom, and Kahoot!, we've been running lots of socials that keep our members connected to each other, and having fun during times when we can't be together in person.

We run everything from our 'Gig Buddies Scotland Members Group' private Facebook group, and use an app called Zoom to have regular video calls. Using Zoom, we have also been having DJ Nights, open mic nights, and watching films together.

This newsletter will let you know what we've been up to lately, what events we've got coming up, and how you can get involved!

HOW DO I GET INVOLVED?



Find us on 

To stay up to date on everything we're doing, remember to 'like' our Facebook page by searching 'Gig Buddies Scotland'.

We're posting regular updates and sharing lots of information.



Gig Buddies - Scotland

Non-profit organisation

✓ Liked ▼



Gig Buddies Scotland Members Group

Group · 117 members

✓ Joined

For Gig Buddies Members and Volunteers and friends of the project, we've created a private Facebook group that you can be added to so that you can talk to other Gig Buddies members. In order to be added to the group, you will need click a button asking to join. We will then let you in the group and you can start getting involved.

All Zoom links for socials are posted in this group!

We've also made a private messenger group for members and volunteers. You can be added to this by joining our private facebook group.

zoom

To join in with our video calls and socials, you will need to use Zoom. We've made an easy read guide about how to use Zoom which can be found on our Facebook page. If you can't find this, or need help, contact your local Gig Buddies Staff member, their details are at the end of this newsletter.



JULY EVENTS

The next few pages tell you all about the different social events we have coming up throughout July. All the events in this newsletter take place online. We hope to meet up for walks and picnics over the summer but we don't know when we can. This information will be sent out when we have it.

We may also run other events at short notice, so be sure to join our private facebook group to stay up to date.

MONDAY 29TH JUNE - 3PM CHAT ON ZOOM

Come along to Zoom for our weekly Monday chat. Catch up with other members, and meet new people.

WEDNESDAY 1ST JULY - 3PM LIVE GIG STREAM

Join us for a watch party of a festival set from Glastonbury. More info announced soon.

THURSDAY 2ND JULY - 3PM CHAT ON ZOOM

Come along to Zoom for our weekly Thursday chat. Catch up with other members, and meet new people.

THURSDAY 2ND JULY - 8PM DJ NIGHT

Join our resident Gig Buddies DJ's for an evening of music over Zoom. Give them your requests or let them play what ever they want. Everyone apart from the DJs will be muted for this event, so that we can hear their music.

FRIDAY 3RD JULY - 7PM FILM FRIDAY

Join us on Zoom for a film night. The film will be decided on our 'Gig Buddies Scotland Members Group' page on Facebook.

MONDAY 6TH JULY - 3PM CHAT ON ZOOM

Come along to Zoom for our weekly Monday chat.
Catch up with other members, and meet new people.

WEDNESDAY 8TH JULY - 7PM OPEN MIC NIGHT

Sign up to be part of our Zoom open mic/karaoke night. Everyone gets 5-10 minutes to perform any song of their choice. Play it at home and sing along. Everyone in the Zoom call will be muted except the performer. You don't have to perform, you're more than welcome to join just to watch.

THURSDAY 9TH JULY - 3PM CRAFTS!

We've got some craft challenges this month, and many of you should be receiving boxes of craft materials to help you take part in these. Join this Zoom call and get creative with other Gig Buddies! At this social we will be making self portraits.

FRIDAY 10TH JULY - 1PM QUIZ WITH DEBBIE

Back by popular demand, Debbie will be hosting a Disney themed quiz on Zoom! There will be no teams, so do your research and come along ready to take first place!

MONDAY 13TH JULY - 3PM CHAT ON ZOOM

Come along to Zoom for our weekly Monday chat.
Catch up with other members, and meet new people.

WEDNESDAY 15TH JULY - 3PM LIVE GIG STREAM

Join us for a watch party of a live gig from a festival.
More info announced soon!

THURSDAY 16TH JULY - 3PM CRAFTS!

We've got some craft challenges this month, and many of you should be receiving boxes of craft materials to help you take part in these. Join this Zoom call and get creative with other Gig Buddies! At this social we will be recreating album covers!

FRIDAY 17TH JULY - 8PM UNTIL LATE

GIG BUDDIES & GET2GETHER BIG NIGHT IN

Gig Buddies are teaming up with Get2Gether for a night packed full of Karaoke, DJ sets, and all sorts of fun! Come along, bring your friends, have a great time!
This event will take place via Zoom.

Keep an eye on our facebook members group for more information coming soon!

MONDAY 20TH JULY - 3PM CHAT ON ZOOM

Come along to Zoom for our weekly Monday chat. Catch up with other members, and meet new people.

WEDNESDAY 22ND JULY - 8PM LIVE GIG STREAM

Join us for a watch party of a live gig from a festival.
More info announced soon.

THURSDAY 23RD JULY - 3PM CHAT ON ZOOM

Come along to Zoom for our weekly Thursday chat. Catch up with other members, and meet new people.

FRIDAY 24TH JULY - 7PM FILM FRIDAY

Join us on Zoom for a film night. The film will be decided on our 'Gig Buddies Scotland Members Group' page on Facebook.

MONDAY 27TH JULY - 1PM ZOOM PICNIC

Join us on Zoom for a picnic. Go to a park, sit in your garden, or just get your lunch ready indoors if you're not going outside.
We'll all eat over a lunchtime chat.

WEDNESDAY 29TH JULY - 7PM OPEN MIC NIGHT

Sign up to be part of our Zoom open mic/karaoke night. Everyone gets 5-10 minutes to perform any song of their choice. Play it at home and sing along. Everyone in the Zoom call will be muted except the performer. You don't have to perform, you're more than welcome to join just to watch.

THURSDAY 30TH JULY - 3PM CHAT ON ZOOM

Come along to Zoom for our weekly Thursday chat.
Catch up with other members, and meet new people.

FRIDAY 31ST JULY - 7PM LIVE GIG STREAM

Join us for a watch party of a live gig from a festival.
More info announced soon.

Gig Buddies Scotland Members Group



Remember to join our private facebook group 'Gig Buddies Scotland Members Group' to stay up to date with all our events and get all the links to every Zoom call. If you're not a part of this group, you won't get the links to the zoom calls.

THAT'S NOT ALL!

We always end up running more events than are in this newsletter.

Any updates and other event announcements will go out on the private members group page so remember to join that to stay up to date on everything we're doing!





CATCH A
LIVESTREAM

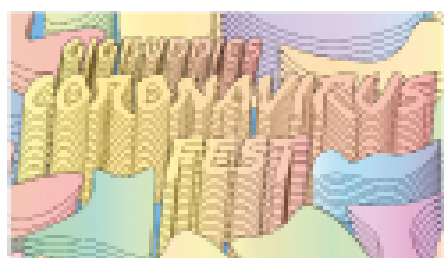
There are loads of great theatres, orchestras, venues, and people who are regularly streaming shows for people to watch for free! Tuning into a play or concert is a great way to spend a few hours and you could even discover a new interest. Here's a list of some of our favourites.



Our friends at the Royal Scottish National Orchestra are regularly posting concerts for people to enjoy.
Sunday Sounds - Every Sunday at 3pm
Friday Night Club - Fridays at 7:30pm
Find out more on facebook:
'Royal Scottish National Orchestra'



We've already watched a few plays from National Theatre Live At Home, as a group. These were 'One Man, Two Guvnors' and 'Treasure Island'. They are putting a different play up on YouTube every Thursday at 7pm. Search on YouTube for 'National Theatre Live'.



'Stay Up Late' have organised the Gig Buddies Coronavirus Festival. There is live music being streamed most nights. You might have caught Sam hosting the Gig Buddies Scotland Takeover streams. There is a lot of variety in these streams.
Facebook - Gig Buddies Coronavirus Fest

CATCH A LIVESTREAM



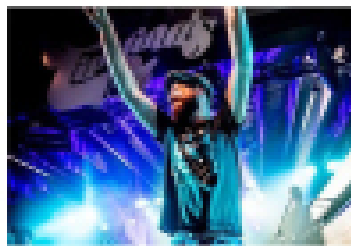
The Stand have comedy clubs in Edinburgh and Glasgow. They are hosting live comedy shows on YouTube on Saturday nights at 8:30pm. You can find out the lineup by going to www.thestand.co.uk.

YouTube - The Stand Comedy Club



Davy Holt is a Scottish musician who has been livestreaming every night on his 'The Lockdown Gigs' Facebook Page. Everynight is based around a different theme. He streams from Monday to Saturday at 7pm.

Facebook - The Lockdown Gigs



Lyle Divinsky hosts his Fireside Facebook Livestream every Wednesday at 7pm. Expect soul and R&B music.

Facebook - Lyle Divinsky



You Call That Radio? "A podcast badly disguising itself as a radio show that discusses the art of everything with creative minds from Scotland and beyond". Livestreaming every night at 7pm.

Facebook - You Call That Radio

If you have any livestream or podcast recommendations, please feel free to share them with the group over on our 'Gig Buddies Scotland Members Group' Facebook Page!



JULY CHALLENGES

As well as socials you can attend, we're running a number of challenges throughout July that you can take part in to win prizes! We've got weekly Quizzes, a walking competition, and craft challenges all with the chance to win 3 months of Spotify Premium! Read on to find out how you can take part!



Kahoot! is an app that we will use to run a weekly quiz. It's free to download on tablets and phones, and is also a website.

We will post a link to a quiz every Friday afternoon on our private Facebook group and you will have all weekend to complete it!



WALKING CHALLENGE

As summer starts and the sun comes out, it's a great time to get out of the house and have a walk! See how far you can walk in July. You can also download a pedometer app on your phone to see how many steps you walk.

If you want to track your walks to see exactly how far you've walked, we recommend downloading an app called 'Strava' to your phone. The basic features of Strava are free to use and it will track your walk for you.

Here's a few goals for you to aim for!

287 Steps - Up The Scott Monument

1,710 steps - Up The Eiffel Tower

2 Miles/4,224 steps - Leith Walk and Princes Street

22,000 steps - The height of Ben Nevis

42 Miles/89,000 steps - From Glasgow to Edinburgh



Strava



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JULY CHALLENGE

Share your favourite sandwich combination with us.

Post your photos on Facebook or send them to your local coordinator by Sunday 26th July.

We can't wait to see your creations!



The most creative combinations will win a prize!

JULY CHALLENGES

JULY CHALLENGE LET'S GET CRAFTY!

**This month our challenge is to get crafting!
We've got lots of Gig Buddies members a craft box, use this craft box
to create your own crafty masterpiece!**

**Create a self portrait, a portrait of your friends, recreate an
album cover, you can choose anything.**

Share it with us and we'll share it in August newsletter.

**Send photos to your local area coordinator, or share them on our
Gig Buddies members page.**

**We're running a couple of Crafting Zoom calls this month that you
can take part in to complete these challenges.**



SILLY SELFIES

Thank you to everyone who took part in our Silly Selfie competition!
Here are some of the Silly Selfies we recieved!

CAMMY



GEORGIA



JOHNNY WHEELZ



AMY



CHRIS



Congratulations Georgia!
You win a £30 Spotify gift card.

GIG BUDDIES

Dream Festival

AUGUST 12TH-14TH

**3 days of legendary gigs.
You decide the line-up.**

Throughout July we're going to ask you what your favourite bands and musicians are. We will then create polls based on the top answers where you can vote on who you want to see most. We will then use these final acts as our 'Dream Festival' headliners, where we will run 3 days of live streams and watch partys on Facebook and Zoom all based on your suggestions!





On the weekend of June 12-14 we tuned into Download Festival TV and enjoyed some classic festival footage as well as live interviews with some of the artists and people behind the scenes. Here's what a few of our members had to say!

MARTIN



My favourite bit of the festival that I saw was when a lassie in a wheelchair was crowdsurfing in her wheelchair. It was amazing, it was during System of a Down. After she got let down her wheelchair ended up getting warped, and the festival ended up paying for her new wheelchair. It was really cool.

I already liked System of a Down so I knew I would like their music, but the best band I saw was Alestorm. I had never heard of them before but they were my favourite. Their best song was called 'F***ed With an Anchor', it's a great song!

I watched all of Saturday and Sunday and a bit of Friday. Sunday was the best day, the only problem was it was over too early!

I'm looking forward to going to a festival for real next summer. I was supposed to go to Doune The Rabbit Hole this year to volunteer, but I'm looking forward to next year. I'm also taking guitar lessons with Grassmarket Community Project, and I will be getting an Electric Guitar.



DOWNLOAD



NIAMH



It was so much fun, I went to all 3 days. I especially liked seeing one of my favourite bands, System of a Down. They play my favourite song, Chop Suey. I got to see a lot of my favourite bands.

I LOVE rock, it's my favourite kind of music. My other favourite bands are bands like Evanescence and Rob Zombie. I liked all the rock bands that played at download because Rock is my favourite!





**GIG
BUDDIES**



DOWNLOAD

NEIL

I enjoyed Download. I was mostly tuned in on the Sunday.

I liked seeing The Offspring, it brought me back to my teenage years. I also enjoyed Babymetal, they were less of a gimmick than I thought they might be, and they showed a lot of really good musicianship. I had never seen them before and I was pleasantly surprised.

The interviews and the crowd footage were good. They broke up the concert and kept you interested. I attended Download last year, and I think they did a really good job of capturing the atmosphere of the festival. It really brought back memories of when I was there.

It's also great that it was free, and raising money for charity. It's good to see so many festivals doing things like that this year.

Join us throughout July where we will be watching loads of festival sets and live concerts from the biggest bands and artists in the world. We also want to know what your dream festival line up is to help us decide who will play our Dream Festival in August!



VIRUS ADVICE

We want our members to connect and have fun in this difficult time, but it's still really important that everyone stays safe. We're going to be including links to the latest health advice in each of our weekly newsletters.

EASY READ FROM MENCAP

For a great easy read guide on everything you need to know, head over to:
www.mencap.org.uk/advice-and-support/health/coronavirus

NHS ADVICE

For all up to date health advice and 'stay at home' guidelines, please go to:
www.nhs.uk/conditions/coronavirus-covid-19/

SCOTTISH GUIDANCE

Stay up to date on Scotlands guidance and the country's route map throughout the crisis.

<https://www.gov.scot/publications/coronavirus-covid-19-framework-decision-making-scotlands-route-map-through-out-crisis/>

**STAY IN TOUCH
WITH US**



GET IN TOUCH WITH US

We'll be sending out another newsletter next month, but you can still get in touch with your local coordinator the usual way and we'll be more than happy to answer your questions. Rememer to follow us on Facebook and check your emails for all up to date information.



Gig Buddies Scotland

If you have any questions about anything in this newsletter, please contact your local Gig Buddies staff member.

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