

Coronavirus (COVID-19) protection level

Level 2



Meeting people

No meeting people in your home you do not live with.

Up to 6 people from 2 different households can meet outdoors and in public places.



Hospitality (like pubs and restaurants)

Selling alcohol outdoors: allowed (may be time restrictions).

Selling alcohol indoors is only allowed with a main meal (may be time restrictions).

Sale of food allowed indoors. Takeaways are allowed for food and alcohol.



Accommodation (like hotels, B&Bs, caravan and campsites)

Open with social distancing rules.



Travel

No non-essential travel to or from Level 3 or higher areas in Scotland and equivalents in rest of UK.

Exemptions for essential travel for work, education, shopping, health etc; outdoor exercise; weddings and funerals; and travelling through restricted areas.

Quarantine arrangements in place when returning from some places abroad.

Otherwise no further restrictions.



Transport

Walk, run or cycle where you can.

Avoid car sharing with people outside your household where you can.

Wear face coverings on public transport, unless you are exempt.



Shopping

Open.



Close contact services (like hairdressers, tailors, beauticians)

Open.

Mobile services not allowed.



Public buildings (like libraries)

Open with protective measures.

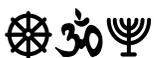


Stadiums and events

Events are not allowed.

Drive in events allowed.

Stadiums closed to spectators.



Worship



Open but limited to 50 people.



Life events

Wedding and civil partnerships: limited to 20 people.

Funerals: limited to 20 people.

Wakes and receptions allowed but limited to 20 people.



Early learning and formal childcare

Allowed with protective measures in place.



Informal childcare

Allowed if following household numbers guidance. Children only may enter other households.



Schools

Open with protective measures in place.



Colleges and universities

Blended learning (in-person and online teaching).



Driving lessons

Allowed.



Sports and exercise

All allowed except 18+ indoor contact sport (professional allowed).



Leisure and entertainment

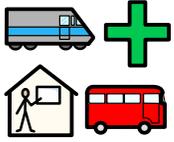
Open: cinemas and amusement arcades.

Closed: soft play, funfairs, indoor bowling, theatres, snooker/pool halls, music venues, casinos, bingo halls, nightclubs and adult entertainment



Visitor attractions

Open.



Public services

Open but reduced face to face services.



Children activities (like youth clubs and children's groups)

Different restrictions apply.



Support services (like mental health, counselling, day services)

Allowed.



Offices and call centres

Essential only - work from home.



Other workplaces

Open but working from home by default, where possible.



Shielding

Contact with others: reduce the number of people or households you have face to face contact with.

Avoid: one metre zones.

Shopping: strictly follow the guidelines when shopping.

If you cannot work from home: your employer should make the necessary adjustments to your workplace to protect you. You can discuss getting a fit note with your GP or clinician if you still feel unsafe.

School/formal childcare: follow the level advice to the general population.