

## Coronavirus (COVID-19) protection level

# Level 2



### **Meeting people**

No meeting people in your home you do not live with.

Up to 6 people from 2 different households can meet outdoors and in public places.



### **Hospitality (like pubs and restaurants)**

Selling alcohol outdoors: allowed (may be time restrictions).

Selling alcohol indoors is only allowed with a main meal (may be time restrictions).

Sale of food allowed indoors. Takeaways are allowed for food and alcohol.



### **Accommodation (like hotels, B&Bs, caravan and campsites)**

Open with social distancing rules.



### **Travel**

No non-essential travel to or from Level 3 or higher areas in Scotland and equivalents in rest of UK.

Exemptions for essential travel for work, education, shopping, health etc; outdoor exercise; weddings and funerals; and travelling through restricted areas.

Quarantine arrangements in place when returning from some places abroad.

Otherwise no further restrictions.



### Transport

Walk, run or cycle where you can.

Avoid car sharing with people outside your household where you can.

Wear face coverings on public transport, unless you are exempt.



### Shopping

Open.



### Close contact services (like hairdressers, tailors, beauticians)

Open.

Mobile services not allowed.



### Public buildings (like libraries)

Open with protective measures.



### Stadiums and events

Events are not allowed.

Drive in events allowed.

Stadiums closed to spectators.



### Worship



Open but limited to 50 people.



## Life events

Wedding and civil partnerships: limited to 20 people.

Funerals: limited to 20 people.

Wakes and receptions allowed but limited to 20 people.



## Early learning and formal childcare

Allowed with protective measures in place.



## Informal childcare

Allowed if following household numbers guidance. Children only may enter other households.



## Schools

Open with protective measures in place.



## Colleges and universities

Blended learning (in-person and online teaching).



## Driving lessons

Allowed.



## Sports and exercise

All allowed except 18+ indoor contact sport (professional allowed).



## Leisure and entertainment

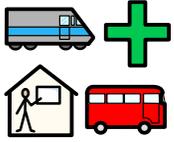
Open: cinemas and amusement arcades.

Closed: soft play, funfairs, indoor bowling, theatres, snooker/pool halls, music venues, casinos, bingo halls, nightclubs and adult entertainment



## Visitor attractions

Open.



## Public services

Open but reduced face to face services.



## Children activities (like youth clubs and children's groups)

Different restrictions apply.



## Support services (like mental health, counselling, day services)

Allowed.



## Offices and call centres

Essential only - work from home.



## Other workplaces

Open but working from home by default, where possible.



## Shielding

**Contact with others:** reduce the number of people or households you have face to face contact with.

**Avoid:** one metre zones.

**Shopping:** strictly follow the guidelines when shopping.

**If you cannot work from home:** your employer should make the necessary adjustments to your workplace to protect you. You can discuss getting a fit note with your GP or clinician if you still feel unsafe.

**School/formal childcare:** follow the level advice to the general population.