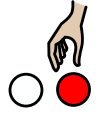




garden

The current government guidance (until 2 December) says that you cannot have visitors in your house or private garden but you can meet one other person outside of your household in public gardens or parks.



options

Where possible we will look into other options like using telephone or video calls.



carers

This does not apply for a professional or informal carers.

What is an informal carer?:



assistance

An informal carer includes any person, such as a family member, friend or neighbour, who is giving regular, ongoing assistance to another person without payment for the care given.



care

You could be a carer or you could have someone caring for you.

If my informal carer or professional is visiting what do they need to do?:



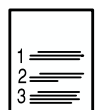
2m distance

Your visitors should avoid contact with other people who live with you or support workers, keeping a 2 metre distance.



PPE

Visitors in your home will need to follow Thera's policy on Personal Protective Equipment (PPE). Thera will provide the appropriate PPE to your visitors when they arrive.



plan

If you have an informal carer visiting you there will need to be a plan in place to support the visit, this is known as a Mitigation Plan and your staff will know about it.



checklist

Visitors will need to fill out a visitors checklist.

I am a carer or informal carer to someone else:



face mask

The government guidance encourages use of face coverings when visiting someone else's house.



care

If the person you are providing informal care to also receives formal support you will need to ask about their protective measures before visiting.



rules

If the rules change and visitors are allowed, talk to your CSL about how to have visitors safely.