

Coronavirus (COVID-19) Protection Level

From midnight
Tuesday 5 January
2021

Level 4 - Stay at home



Meeting people

You must not meet people in or outside your home you do not live with.

Up to 2 people from 2 households can meet for **outdoor exercise** only (those 11 and under do not count towards this limit).



Hospitality (like pubs and restaurants)

Closed.

Takeaways can still operate as normal, providing food is sold to eat off the premises. Face coverings and physical distancing rules must be followed.



Accommodation (like hotels, B&Bs, caravan and campsites)

Only open to key workers.



Travel

You must not leave your home unless it is for a reason allowed by the law.

Exemptions are for essential travel for work, essential food shopping, health etc; outdoor exercise; weddings and funerals.

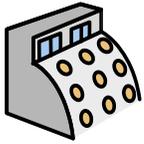


Transport

You must stay at home. If you need to travel for an essential purpose then walk, run or cycle where you can.

Do not use public transport unless you are a key worker. Wear face coverings on public transport, unless you are exempt.

You must not car share with people outside your household.



Shopping

Closed. Non-essential retail closed.



Close contact services (like hairdressers, tailors, beauticians)

Closed.

Mobile services not allowed.



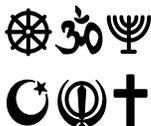
Public buildings (like libraries)

Closed. Library click and collect can still open.



Stadiums and events

Not allowed and closed to spectators.



Worship

Closed.



Life events

Wedding and civil partnerships: limited to 5 people (6 with an interpreter).

Funerals: limited to 20 people.

Wakes and receptions are not allowed.



Early learning and formal childcare

Only open to children of key workers and vulnerable children.



Informal childcare

Key worker informal childcare only. Only children may enter other households.



Schools

Closed until Monday 1st February 2021, at least.



Colleges and universities

Restricted blended learning (in-person and online teaching).



Driving lessons

Not allowed.



Sports and exercise

Indoor gyms closed.

Outdoor non-contact sports only (professional allowed).



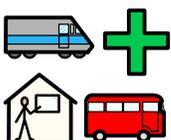
Leisure and entertainment

Closed.



Visitor attractions

Closed.



Public services

Essential face to face services only (online where possible)



Children activities (like youth clubs and children's groups)

Not allowed.



Support services (like mental health, counselling, day services)

Closed but may be online where possible.



Offices and call centres

You must work from home unless your job cannot be done from home.



Other workplaces

You must work from home unless your job cannot be done from home.



Shielding

Contact with others: stop contact with people outside your own household. You should not take public transport.

Shopping: If you, your child or someone you care for is on the shielding list, you can sign up for priority access to supermarket online delivery slots.

If you do go to the shops, strictly follow the guidelines when shopping and limit the number of times you go to shop. Shop at quieter times if you can.

If you cannot work from home: The Chief Medical Officer will issue a fit note to give people on the shielding list protection so you do not have to work.