

Worksheet 1

After you're gone: clarifying your vision

It's the day after your death. Describe what a safe and secure life will look like for your relative.

List 10 words to describe a typical day for your relative, in the best of all possible worlds.

Use some key words to describe your worst nightmare for your relative after you're gone.

What is the most important message you want to leave your relative with a disability? _____

What do you want your survivors to help with after you've gone? _____

When your executors/trustees meet, what do you want them to do first? _____

What are the three priorities you want future carers to remember about your relative?

1. _____

2. _____

3. _____

What are the important arrangements you've made to ensure a good life for your relative with a learning disability? _____

How do you want to be remembered by your relative with a learning disability?
