



How to use Twitter to keep in touch

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how

How to use Twitter to keep in touch

What is Twitter?



twitter

Twitter is a **website** where people can share short messages, pictures or links to **other people**.



why

Why use Twitter?

Most people use Twitter to find out what **other people** or **groups** are doing.

Following

You can do this by **'Following'** them.

Follow

You do not need to know a person or group to **'Follow'** them.



well known

You can **'Follow'** people who like the same things as you or a well-known person.



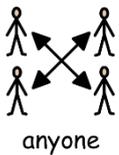
You can also **'Follow'** a **group** that does things you would like to know **more about**.



For example, you could **'Follow'** @TheraTrust and find out what we are doing as a company.



You can also **write** about things you want **other people** to know.



If you do write something and **post** it as a **'Tweet'** it is public. Meaning **anyone** around the world could **read it**.

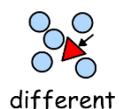


You can also write **private messages** to people you **'Follow'** or who **'Follow'** you on Twitter.

It is better to use **private message** if you have something you would like to share with **one person**.



Private message is like sending a **text message**.



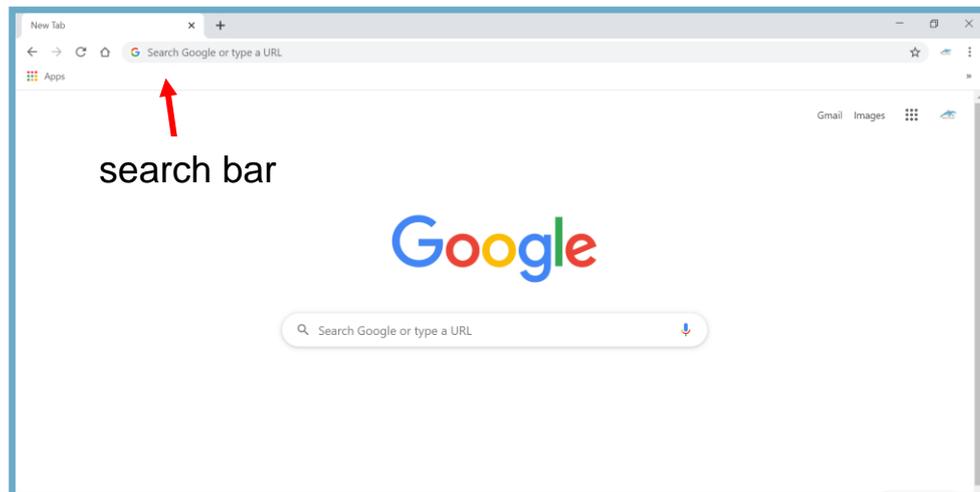
If you are using a **mobile** or **tablet** the following **steps** might **look slightly different**.

Creating your Twitter account



internet

First you will need to open the internet.

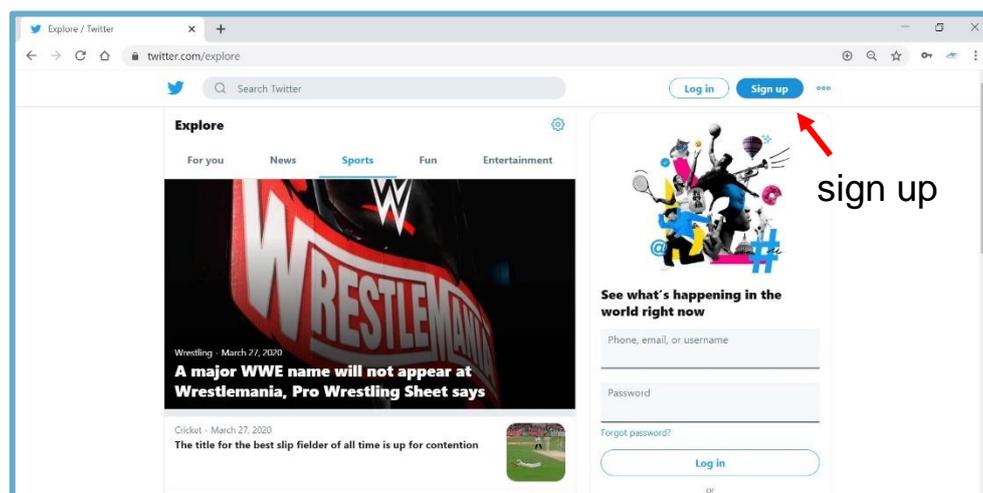


Once you have opened the internet you will need to put www.twitter.com into the search bar.



website

This should take you to a website that looks like the picture below:



To sign up to Twitter you will need to **click** the blue **'sign up'** button at the top of the page.

Useful tip!



tip

When **setting up** your account ask someone you **trust** to help you go through the **steps**.



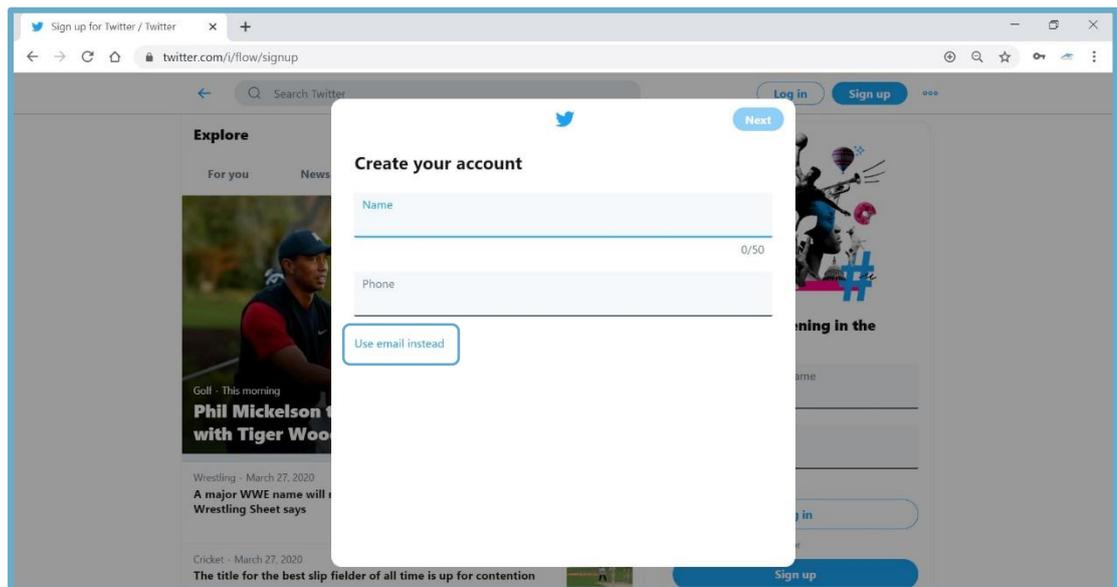
trust

This could be someone that is part of your **circle of support**.



click

Once you've **clicked** the '**sign up**' button your screen should look like the **picture below**:



name

To create an account you will be asked to enter your **full name** and your **mobile phone number** or your **email address**.



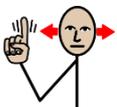
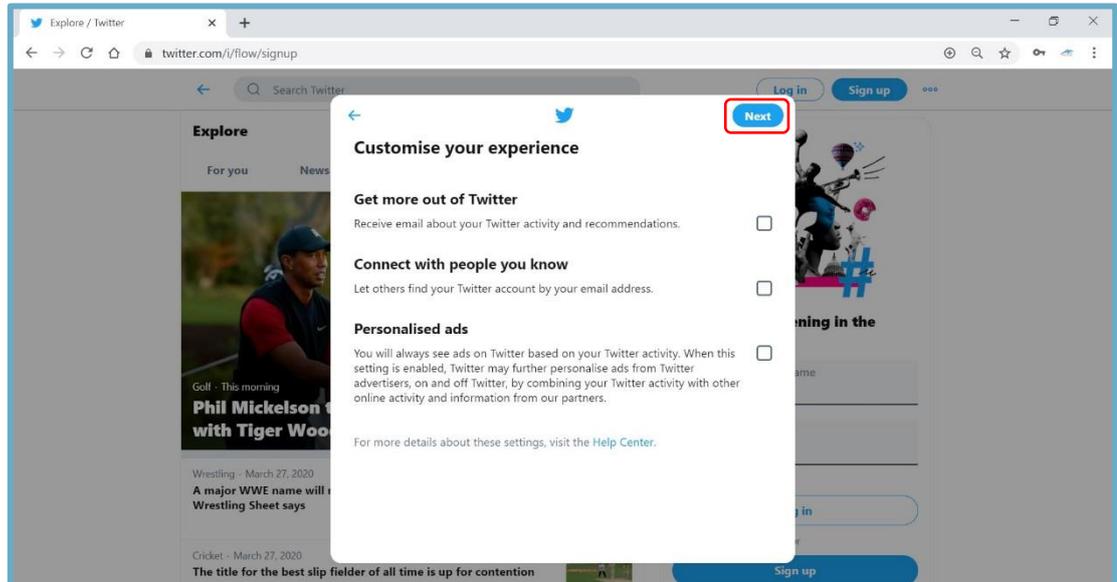
click

If you would prefer to use your email **click** the writing '**Use email instead**'.



customise

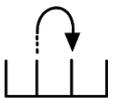
After you have typed in your **full name** and **email address** you will be asked if you would like to **customise your experience**.



do not

Each option explains what it means underneath.

If you **do not want to** select any of the options **you do not have to**.

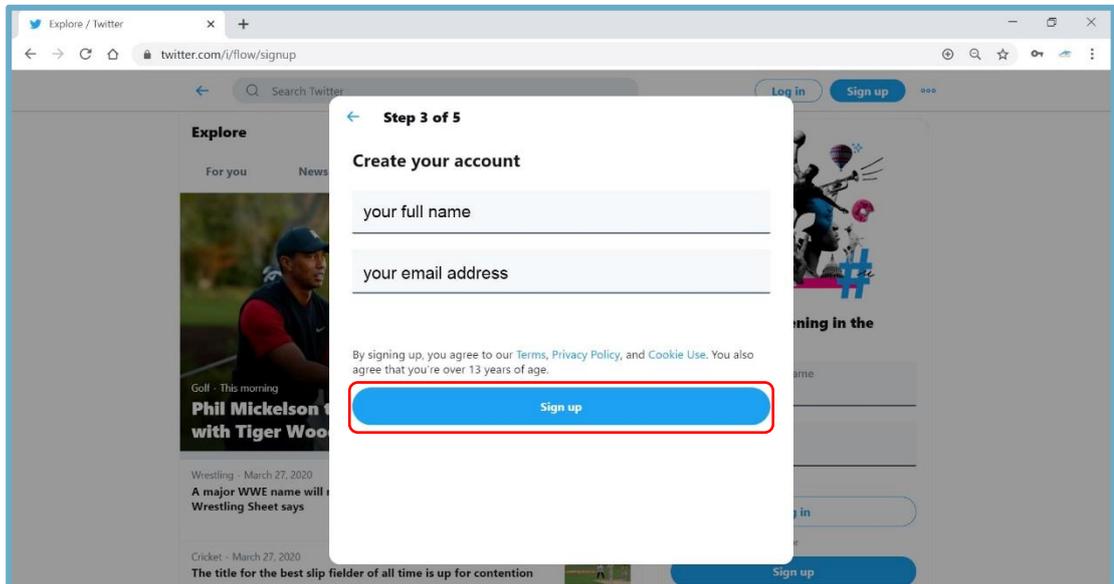


next

You can just **click** the **'next'** button at the top and move onto the **next step**.



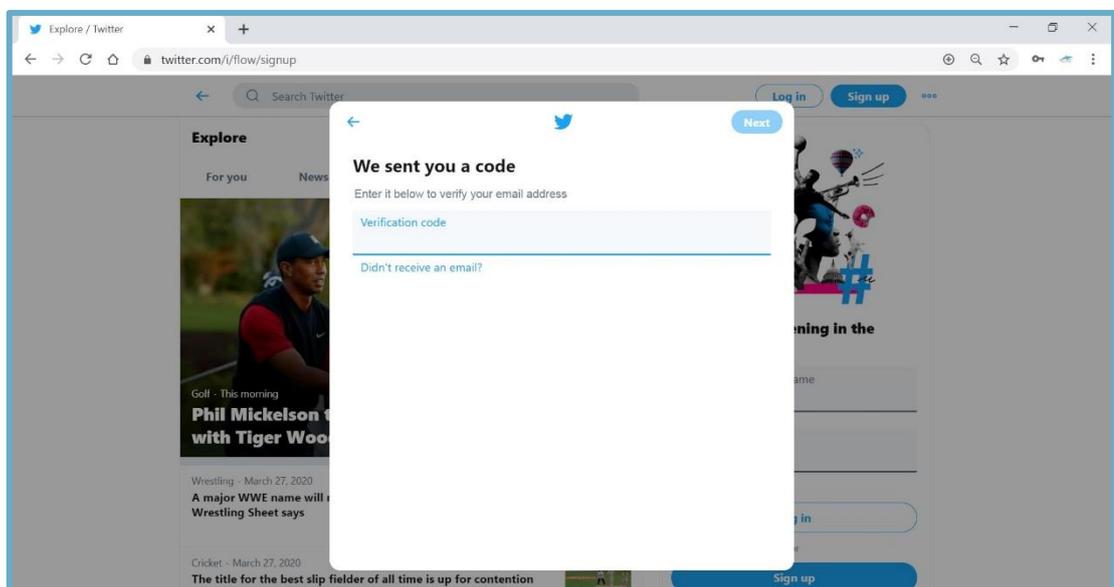
The **next step** will ask you to confirm **your name** and **your email address**.



If you are **happy** that **your name** and **email** are **correct** you can then **click 'sign up'**.



You will then get a **'code'** sent to your email to **verify** your **account**.





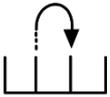
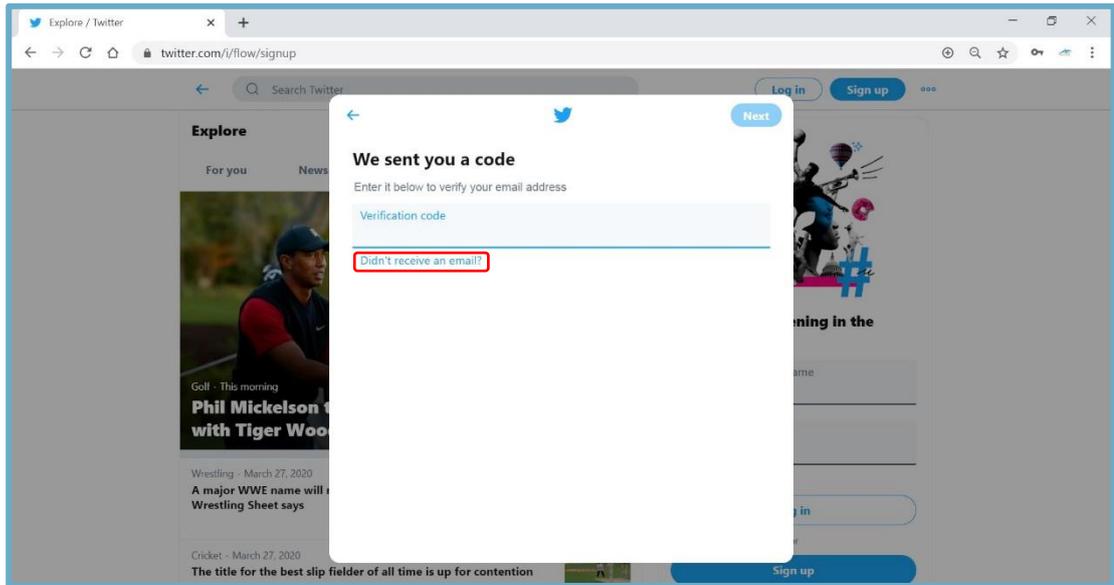
request

If you **do not** receive your **'code'** after **5 minutes** you can **request** them to **resend** it.



click

You can do this by **clicking 'Didn't receive an email?'**



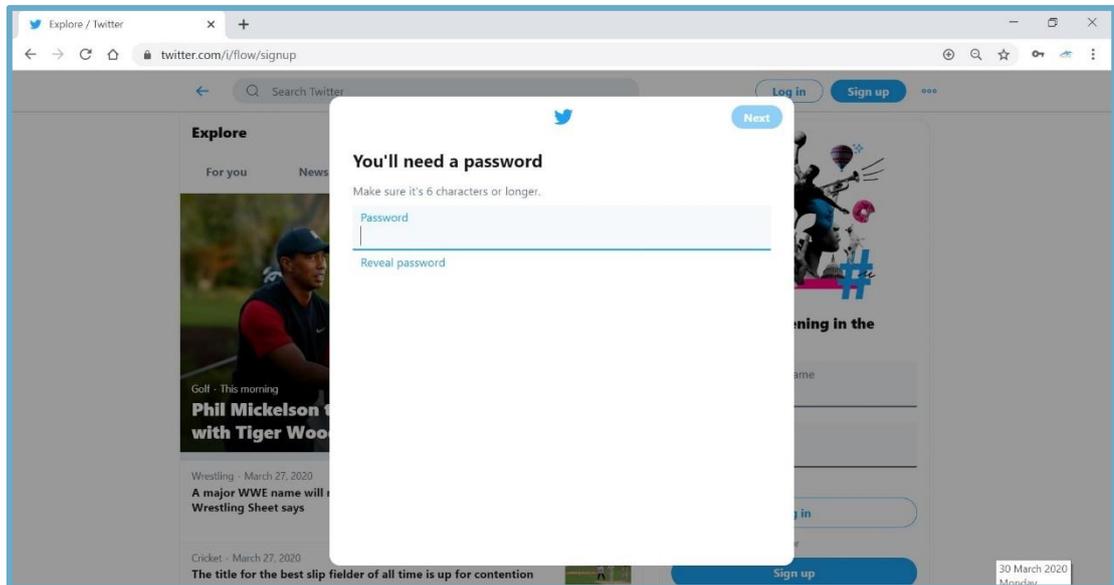
next

Once you have received the **'code'** to **your email** enter it in the box provided and **click 'next'**.



password

The **next step** is setting your **password**.



When setting your **password do not use your date of birth or where you live**. This will make it easier to guess.



tip

Useful Tip!

Use a mixture of **numbers** and **letters** in your **password** to make it **harder** for **other people** to **guess**.



harder

Keep your **password safe** and **do not tell other people** what it is.



don't tell



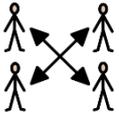
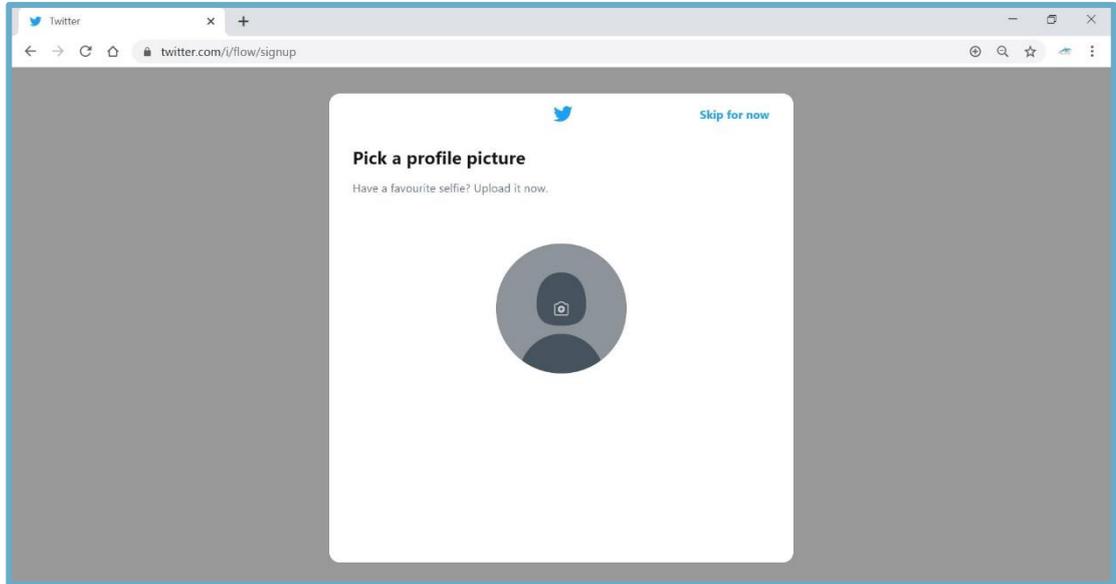
click

You can **click 'Reveal password'** if you want to **check it** before **clicking 'next'**.



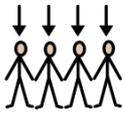
profile

The **next step** will be setting your **'profile picture'**.



anyone

A **'profile picture'** is a picture of **yourself** that **anyone** on Twitter can see.



everyone

Be sure to choose a picture you are happy to **share** with **everyone**.



later

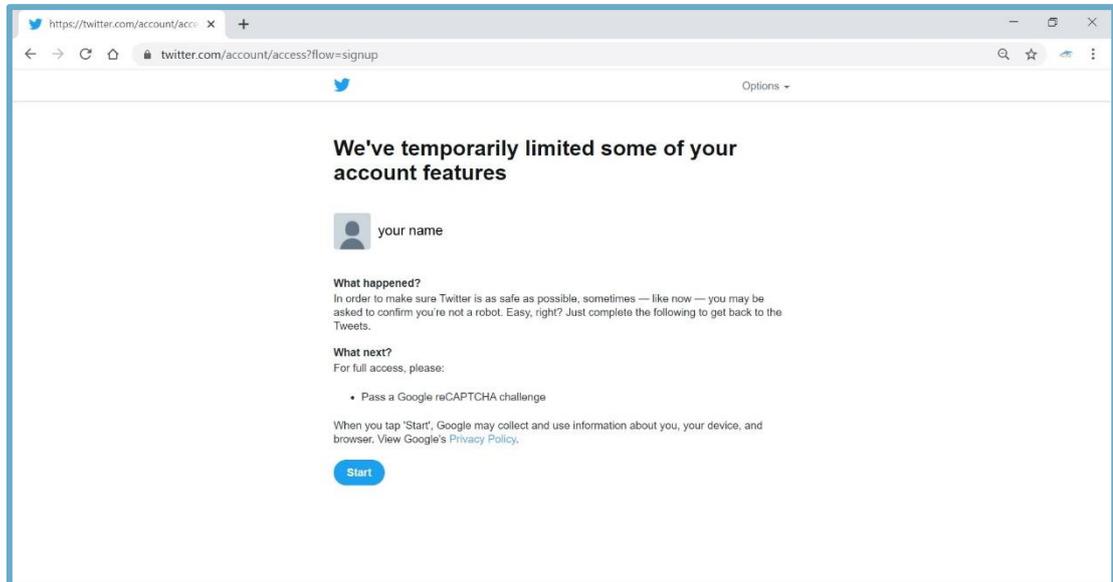
You **do not** have to pick a picture **straight away**.
You can **click 'Skip for now'** and add a picture **later**.



click

If you do want to **add a picture** you can do this by **clicking the camera** in the middle of the grey circle.

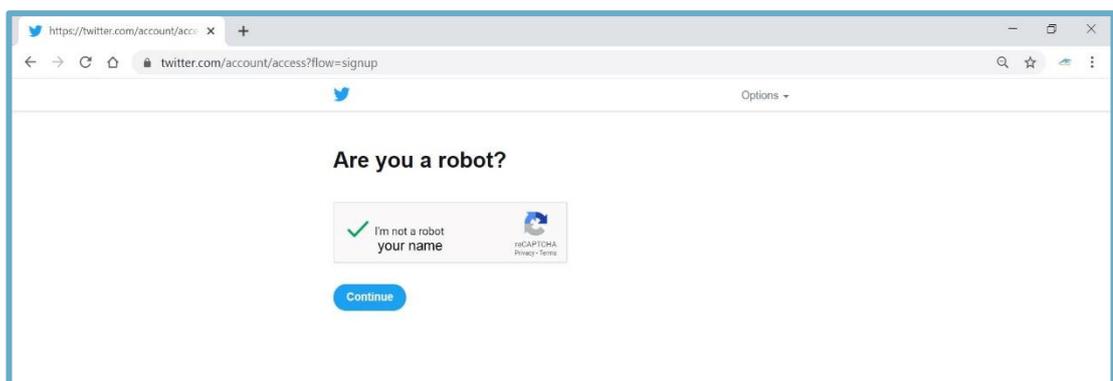
After choosing a **'profile picture'** or choosing to **'skip'** you might see something like the picture below:



security

This **step** is for added **security**.

Once you have **clicked 'Start'** your screen will look like this:

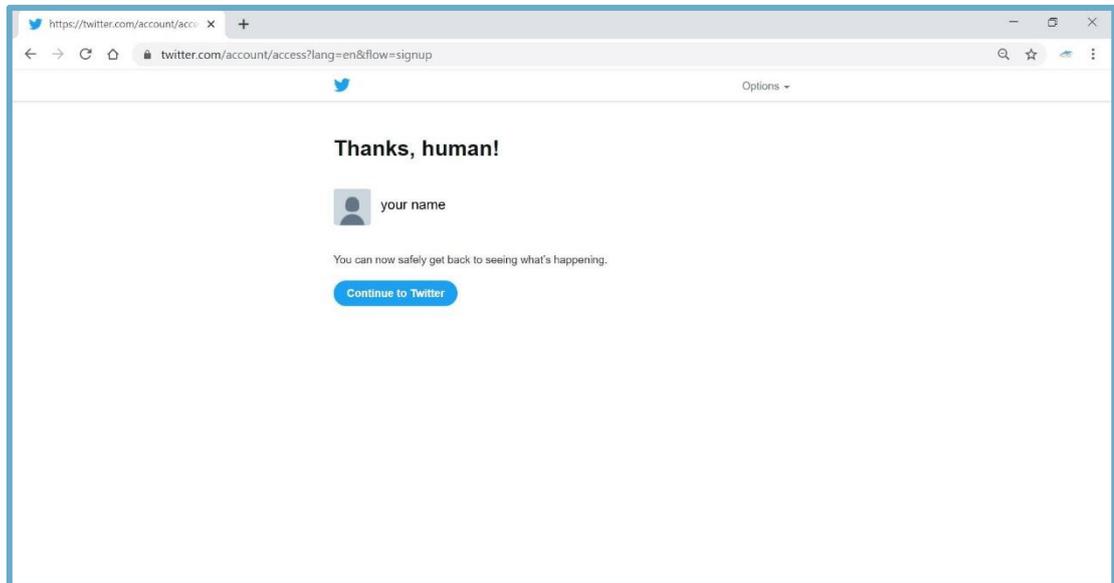


click

You will need to **click** the box next to **'I'm not a robot'** before you can **click 'Continue'**.

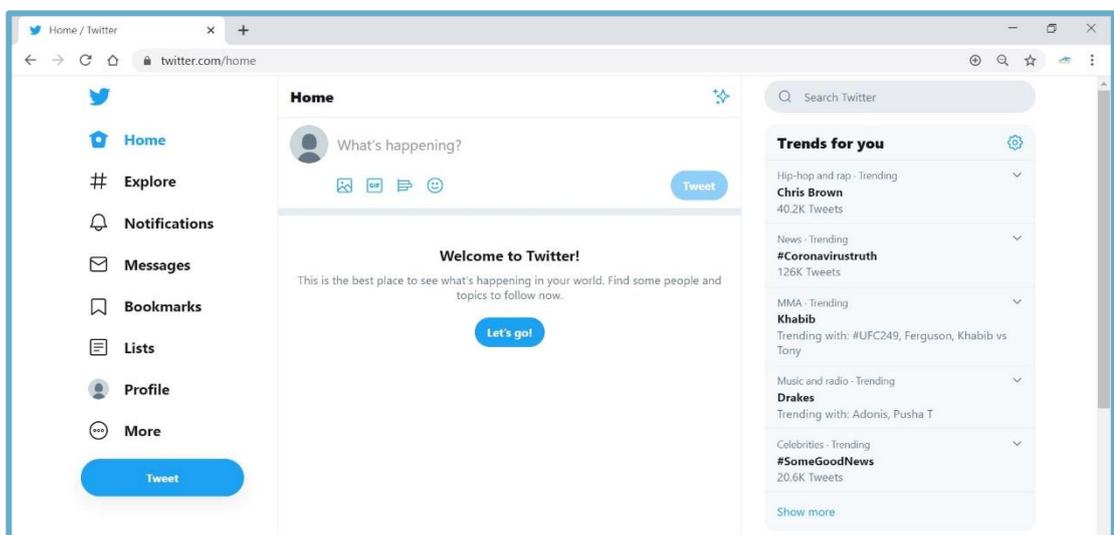


After **clicking 'continue'** you will get a **thank you** message and will be able to **click 'Continue to Twitter'**.



After **clicking 'Continue to Twitter'** you will have **completed the sign-up steps**.

Now you have **completed the sign-up steps** you should now see **your Twitter homepage**:



How to connect with friends and family



search

To find someone on **Twitter** you can type their **name** into the **search bar**.



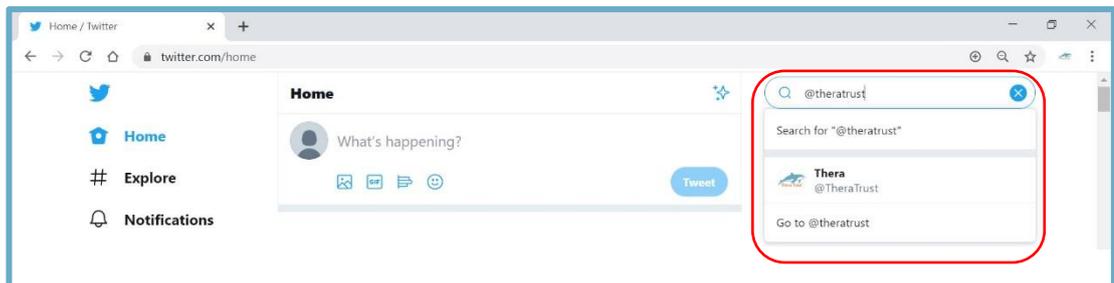
know

This can be a **person** you **know** or a **group** you are a **part of** or **like**.



suggestions

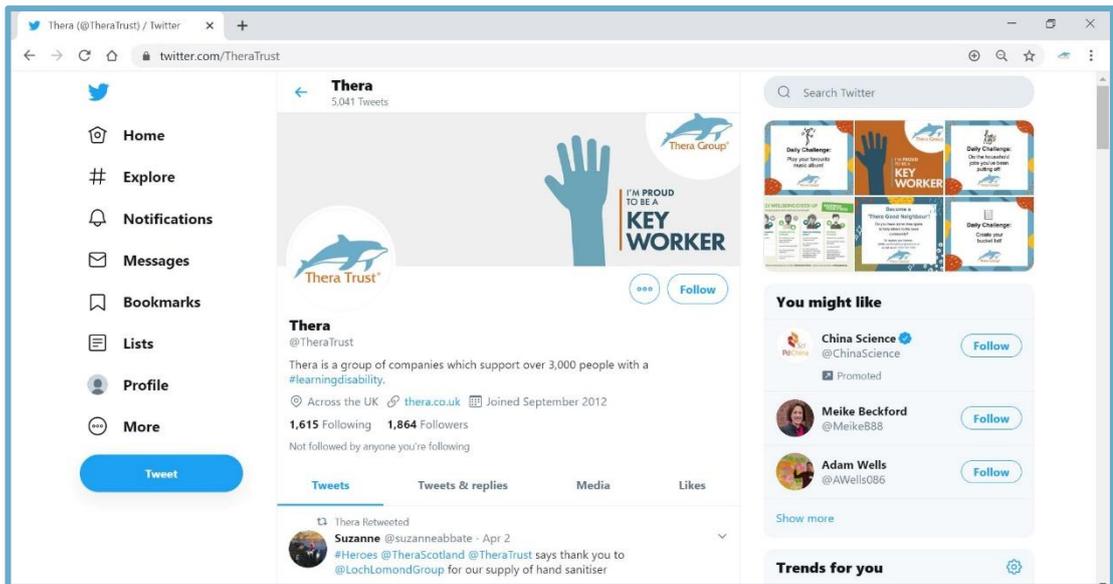
It may come up with some **suggestions** as you are **typing**.



click

When you see the **name** of the **group** or **person** you want to **connect** with you can **click** on their **name** to go to their **Twitter**.

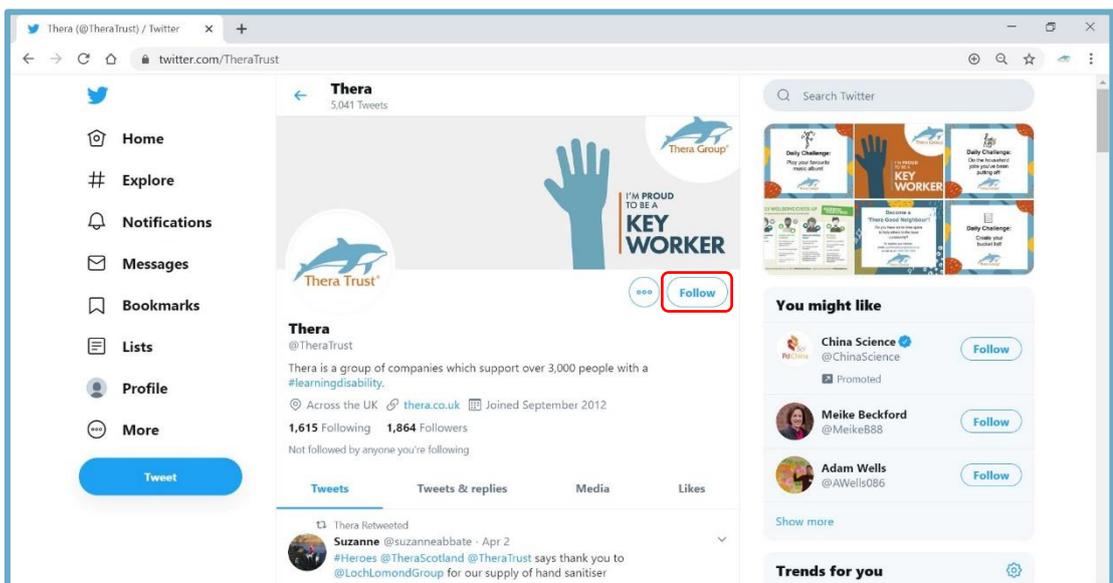
Thera Group | Guide to Twitter v1.0



Follow

If you would like to receive **regular updates** from that **group** or **person** you can **'follow'** them.

You can do this by **clicking** the **'follow'** button.



Their **Tweets** will then **appear** on **your home page** automatically.



Keeping you **up to date** with anything **they Tweet**.



You can even **follow** the **news** or your **favourite well known person**.



If you do this **make sure** they have a **'blue tick'** next to **their name**.



This means that their account has been **verified** by **Twitter** and they are who they say they are.

Useful words on Twitter



Follow

If you **'follow'** someone on Twitter, you will see all the things **they write** on **their Twitter page** and get **updates** from **them**.



information

They are **the people** and **groups** you have **chosen** to see **information** from.



Handle



name

This is the **name** you use on Twitter so people know who you are. It will start with the **'@' symbol**.



For example **Thera Trust** uses the **handle @TheraTrust**



Hashtag

Hashtags connect **Tweets** that **talk** about the **same thing**.

A **hashtag** starts with the **'#'** **symbol**.



interests

Hashtags allow people to easily **follow** topics they are **interested in**.



punctuation

You cannot add **spaces** or **punctuation** in a **hashtag**, or it will **not work properly**.



not

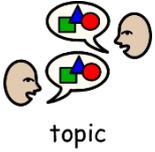
For example, if you wanted to **hashtag** Thera Trust in your Tweet **#Thera Trust** would **not work** as it has a **space**.



would

However, **#TheraTrust** would **work** as it is all **one word**.

Trending



This is when **lots of people tweet** about the same **topic** and use the same **hashtag**.



Usually **trending topics** will be things that have happened in the **news** or **programmes** that have been on the TV.



Tweet

Join or **start a conversation** with a **Tweet**.

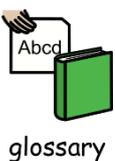


Tweets are **short messages** that you would like to **share** with **everyone**.



For more **information** on how to post a **Tweet** you can use the Twitters **help guides**:

<https://help.twitter.com/en/using-twitter/how-to-tweet>



You can also find out what other **words** mean on Twitter by using the **Twitter glossary**:

<https://help.twitter.com/en/glossary>