

# Gig Buddies Lothians

Newsletter  
Spring 2019



# Update From Sam



2019 is off to an incredible start! At the start of the year we relaunched our volunteer recruitment with an easier, streamlined system, and we've seen people regularly applying ever since. The first lot of our new volunteers are about to get their training and we can't wait to introduce them to their brand new Gig Buddies!

We started 2019 with a music packed week for Independent Venue Week. We got out to Sneaky Pete's in Edinburgh for 5 gigs in 5 nights, and a few of our members even came along to their first ever gig! You can read all about it later in this newsletter.

Our regular monthly events are doing better than ever.

We recently held our first 'mEAT UP' of the year in Livingston where over 30 people came along to meet new people over a bite to eat! Thank you so much for all the support, let's keep growing these events throughout the year!

As the next few pages show, we've got more planned this year than ever before (including our biggest ever event!) So if you already have a Gig Buddy, or are still waiting for one, there are plenty of events for you to come along to and meet new people.

We can't wait to see you at an event!  
Sam

# Upcoming Events - March

## Saturday 2nd March - West Lothian Cinema Discover: Kung Fu

Our community cinema nights really took off towards the end of last year and this year, they're back! They will be every 4 weeks on a Saturday night. Every other event will be a 'Discover' night. Come along to these to discover something new!

We're kicking things off with Discover: Kung Fu. We will be watching 'Police Story' starring Jackie Chan!

Saturday 2nd March - 7pm  
Autism Initiatives, Almond House  
12 Quarrywood Court,  
Livingston, EH54 6AX  
Suggested Donation £2

## Friday 8th March - West Lothian Clubnight with Get2Gether

Friday 8th March - 7-11pm  
Grand Central, Carmondean  
Livingston, EH54 8PT  
Tickets £8 On The Door  
Support Goes FREE

Along with Get2Gether, we will be hosting a club night at Grand Central Nightclub on March 8th! This will be a great intro to clubbing for people who want to give it a go, but also a fantastic night out for veteran clubbers! Come along and dance the night away! Under 18's must be accompanied by an adult.

## Thursday 14th March - Edinburgh Gig @ Sneaky Pete's



Didn't manage to make it along to Sneaky Pete's for any of our Independent Venue Week events? Don't worry, we're going back! Come along and rock out to two Scottish bands: 'Whitey', and 'Wives'. We expect it to be very loud, and very fun!

Thursday 14th March - 7-10pm  
Sneaky Pete's, Cowgate  
Edinburgh, EH1 1JW  
Tickets On The Door £7  
Support Goes FREE

We've included individual posters of many of these events later in this newsletter, but if you need any more information about any of our social events please contact our project manager Sam Maggs.



[samuel.maggs@thera.co.uk](mailto:samuel.maggs@thera.co.uk)



07738486001

# Upcoming Events - March

## 'mEAT UP' - Livingston & Midlothian

Our 'mEAT UP' events are becoming a favourite for many of our members. Come along and grab a bite to eat while meeting new people!

Gig Buddies member Cameron says:

*'I like coming to mEAT UP. It's a great atmosphere getting together. Getting to know new people is fun, it's really fantastic!'*

### Livingston - West Lothian

Tuesday 19th March  
6pm-7:30pm  
The Newyearfield

### Dalkeith - Midlothian

Monday 25th March  
6pm-7:30pm  
Blacksmiths Forge



## Saturday 30th March - West Lothian Cinema Fan Favourites: Sci-Fi

Along with our 'Discover' nights, we will also be showing fan favourites throughout the year. These will be chosen by you! Every month we will put up a choice of two films up on our facebook page, head over there to vote on your favourite. The film with the most votes will be shown! This months theme is Sci-Fi, and the two films you can vote for will be 'Back To The Future' and 'Star Wars'.

The vote for this event will go on facebook on Monday 11th March!  
Which Fan Favourite will win? You decide!

Saturday 30th March - 7pm  
Autism Initiatives, Almond House  
12 Quarrywood Court,  
Livingston, EH54 6AX  
Suggested Donation £2

To stay up to date with our events and to make sure you vote for our 'Fan Favourite' film, remember to like and follow us on Facebook!



Gig Buddies Scotland

# Upcoming Events - April

## 'mEAT UP' - Livingston & Midlothian

If you didn't manage to make it along to 'mEAT UP' in March, don't worry! 'mEAT UP' is a monthly event, and we will be holding it in April as well! Check out the two dates below to see when it's happening in your area.

### Livingston - West Lothian

Tuesday 16th April  
6pm-7:30pm  
The Newyearfield

### Dalkeith - Midlothian

Wednesday 24th April  
6pm-7:30pm  
Blacksmiths Forge

## Thursday 18th April - Edinburgh Gig @ St Cecillas Music Hall

Thursday 18th April - 7-8:30pm  
St Cecillas Music Hall  
Niddry Street, Edinburgh  
EH11LG  
FREE Tickets

St Cecillas Music Hall is the oldest music venue in Scotland, and they're one of our partner venues! This event is 'Three On A Thursday' run by music society 'Music Scope Edinburgh'. Every 3rd Thursday of the month you can come along and see 3 different acts, all playing different genres of music. Tickets are usually £5, but we're lucky to have FREE tickets for Gig Buddies members for this event!

## Saturday 27th April - West Lothian Cinema Discover: Black Comedy



For our 2nd 'Discover' night, we will be exploring the genre of 'black comedy' with the cult film 'Re-Animator'. This is a comedy horror film based on a short story by H.P. Lovecraft. This film holds an '18' certificate so is only appropriate for people 18 or older. It contains strong violence and gore.

Saturday 27th April - 7pm  
Autism Initiatives, Almond House  
12 Quarrywood Court,  
Livingston, EH54 6AX  
Suggested Donation £2

To stay up to date with our events remember to like and follow us on Facebook!



Gig Buddies Scotland

# Upcoming Events - May

## Saturday 11th May - Edinburgh Gallery of Modern Art

Edinburgh Modern Art Gallery always has a changing collection of art on display. They also have fantastic grounds surrounding the gallery to walk around and explore. What's more, it's FREE to visit all year round! Come along with us and explore the gallery with other Gig Buddies!

Saturday 11th May - 12-2pm  
Edinburgh Gallery of Modern Art  
75 Belford Road, Edinburgh  
EH4 3DR  
FREE

## 'mEAT UP' - Livingston & Midlothian

It wouldn't be a month of Gig Buddies socials without 'mEAT UP'! Check out the two dates below to see when it's happening in your area.

### Livingston - West Lothian

Tuesday 14th May  
6pm-7:30pm  
The Newyearfield

### Dalkeith - Midlothian

Monday 20th May  
6pm-7:30pm  
Blacksmiths Forge

## Saturday 25th May - West Lothian Cinema Fan Favourites: Pixar

With Toy Story 4 out in cinemas in June, May's 'Fan Favourite' night is all about one of the most loved film studios of the past 20 years, Pixar! There are so many great films to choose from, all of them classics and fan favourites in their own right.

However the two up for voting will be, 'Toy Story' and 'Finding Nemo'.

The vote for this event will go on facebook on Monday 6th May! Which Fan Favourite will win? You decide!

Saturday 25th May - 7pm  
Autism Initiatives, Almond House  
12 Quarrywood Court,  
Livingston, EH54 6AX  
Suggested Donation £2

To stay up to date with our events and to make sure you vote for our 'Fan Favourite' film, remember to like and follow us on Facebook!



Gig Buddies Scotland



# Upcoming Events - May

## Friday 31st May - Midlothian Danderhall Fundraiser Gig

It's been a while since we've put on a gig. Let's change that! We can't give you many details at the moment, but it will be a night of music from local bands as well as Gig Buddies members. Come along for a great night out!

Friday 31st May - 7-10pm  
Danderhall Miners Club,  
88 Edmonstone Road,  
Danderhall, EH22 1QU  
Ticket price to be announced

That's our events for Spring 2019! We hope there's a good variety of things for people to get out and do.

This might not be everything we do. If you have any ideas for socials, or see an event coming up that you want us to run as a social, get in touch with Sam and we can look at adding it to the calendar.

As always, for more updates make sure you follow us on facebook.

We hope to see you at some events over the next few months!

To stay up to date with our events remember to like and follow us on Facebook!




Gig Buddies Scotland

# Events Calendar Spring 2019

Here's a handy events calendar showing  
all of our Spring events.

Keep it on your fridge or notice board as a handy  
reminder of everything we have coming up!

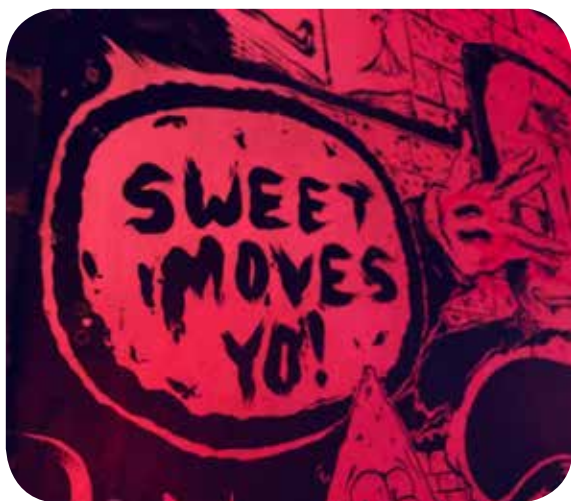
<p>Saturday 2nd March</p> <p>7-9pm</p> <p>West Lothian Community Film Night</p> 	<p>Friday 8th March</p> <p>7-11pm</p> <p>West Lothian Club Night</p> 	<p>Thursday 14th March</p> <p>7-10pm</p> <p>Edinburgh Sneaky Pete's</p> 	<p>Tuesday 19th March</p> <p>6-7:30pm</p> <p>West Lothian mEAT UP</p> 	<p>Monday 25th March</p> <p>6-7:30pm</p> <p>Midlothian mEAT UP</p> 
<p>Saturday 30th March</p> <p>7-9pm</p> <p>West Lothian Community Film Night</p> 	<p>Tuesday 16th April</p> <p>6-7:30pm</p> <p>West Lothian mEAT UP</p> 	<p>Thursday 18th April</p> <p>7-9pm</p> <p>Edinburgh St Cecilia's</p> 	<p>Wednesday 24th April</p> <p>6-7:30pm</p> <p>Midlothian mEAT UP</p> 	<p>Saturday 27th April</p> <p>7-9pm</p> <p>West Lothian Community Film Night</p> 
<p>Saturday 11th May</p> <p>12-2pm</p> <p>Edinburgh Modern Art Gallery</p> 	<p>Tuesday 14th May</p> <p>6-7:30pm</p> <p>West Lothian mEAT UP</p> 	<p>Monday 20th May</p> <p>6-7:30pm</p> <p>Midlothian mEAT UP</p> 	<p>Saturday 25th May</p> <p>7-9pm</p> <p>West Lothian Community Film Night</p> 	<p>Friday 31st May</p> <p>7-10pm</p> <p>Midlothian Fundraising Gig</p> 





Every year we work closely with Independent Venue Week, a nation-wide celebration of independent music venues. For the past two years we've held 'Real Gigs in Real Venues' event with IVW promoting artists with additional support needs. This year we wanted to get more people out to mainstream gigs in a venue that might be new to them. That's why we teamed up with 'Sneaky Pete's' in Edinburgh and we went along to 5 gigs in 5 nights!

All of the gigs we're fantastic and the venue was more than accomodating. Across the week we a different mix of Gig Buddies members come along each night, some people even came to their first ever gig! Here are some photos and stories from the week!



### Scott

"I really enjoyed it. I'd never been to that kind of gig before, it was all new to me. It was really loud, louder than I thought it was going to be, but that was alright. It was the kind of music I like listenng to, banging drums and loud guitars. I'd really like to go to more gigs like that. I'd give the night 10/10"

### Kerry

"I saw three bands. I really liked the headline act, 'Mt. Doubt', they were really good. I liked the music they played, and the songs they were singing. I thought the venue was good, and I liked how it was all set out. I liked that it was all standing, this meant that everyone could have a dance. I started feeling dizzy, but luckily there was a space for me to sit down. It was amazing, it was so cool. It was my first time going to Sneaky Pete's and I'll definatley be going back."



Mon 28th January - Sun 3rd February 2019



Richard

"I came along on Monday night to see 'Makeness'. He was great to see. It was different to a lot of music I listen to but I enjoyed discovering new music. I'd never been to Sneaky Pete's before. It was a nice venue and the staff were very friendly. The gig was very crowded, which I found a bit overwhelming. We were able to enter the venue before the main crowd which meant we could get some seats. This was very helpful.

This is the first year that I've tried Independent Venue Week with Gig Buddies. Thanks for the opportunity to try new gigs!"



Bilal

"I saw 'Brigid Mae Power', and 'Shredd'. I liked them, it was a really good experience as it's bands I've never heard before. It was really loud, I had to wear earplugs, we got the for free by asking at the bar.

'Brigid Mae Power' was the first gig I'd ever been to. She was a really good singer, it was a great first gig. I'll definitely be going to more! The venue was a good one but it's quite small, and as I have a visual impairment I found it quite hard to get around. That's something to keep in mind if you're thinking about going."

Thanks to all of our members who came to the gigs over the week. If you missed out, we will be at Sneaky Pete's for a rock gig on Thursday 14th March. Come and join us!

You're invited to our biggest event yet...



# FRINGING

## NINE <sup>TO</sup> FIVE

Saturday 3rd August 9am-5am  
(Yes, you read that right)

More Information  
Coming Soon



Gig Buddies Scotland



@gigbuddies\_scot

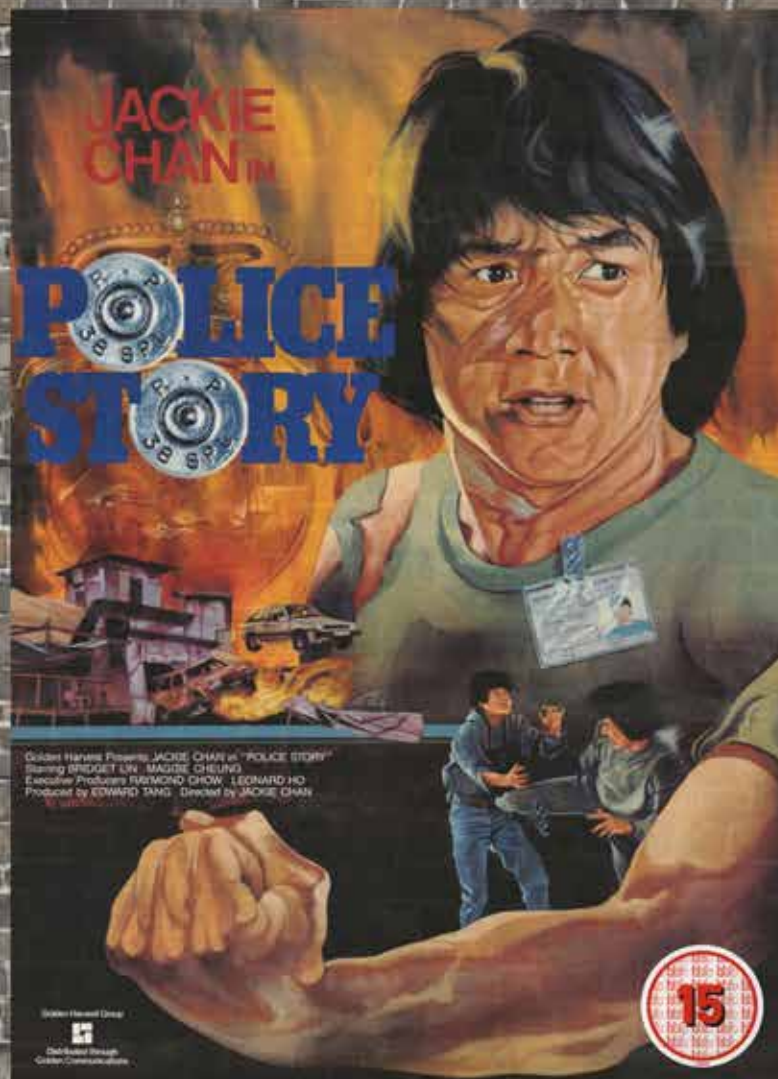


West Lothian  
Council

Short  
breaks fund



WEST LOTHIAN COMMUNITY CINEMA PRESENTS:  
DISCOVER - KUNG FU  
**JACKIE CHAN IN: POLICE STORY**



**Saturday 2nd March 7pm - 9:30pm**  
**Autism Initiatives, Almond House**  
**12 Quarrywood Court, Livingston, EH54 6AX**  
**Pay What You Want - Suggest Donation £2**

For more info contact Sam Maggs:



[samuel.maggs@thera.co.uk](mailto:samuel.maggs@thera.co.uk)



07738486001





2019



WEST LoTHIAN - 8th MAR

# Party with get<sup>2</sup>gether

+

GRAND CENTRAL, LIVINGSTON

## LAUNCH PARTY



7 - 11 PM  
£8

FREE SUPPORT



The Scottish Government  
Riaghaltas na h-Alba



LOTTERY FUNDED



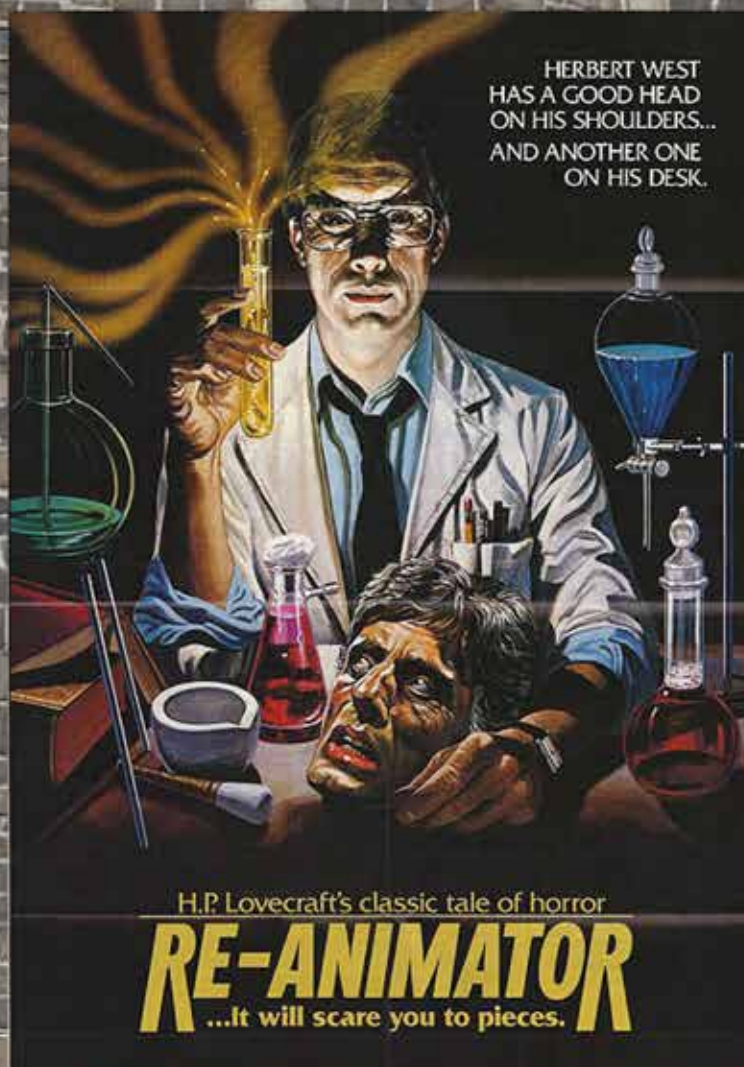
STAY UP  
LATE

WWW.GET2GETHER.ORG.UK  
CONTACT SAM @ GIG BUDDIES  
07738486001



WEST LOTHIAN COMMUNITY CINEMA PRESENTS:  
DISCOVER - BLACK COMEDY  
**RE-ANIMATOR**

18



**Saturday 27th April 7pm - 9:30pm**  
**Autism Initiatives, Almond House**  
**12 Quarrywood Court, Livingston, EH54 6AX**  
**Pay What You Want - Suggest Donation £2**  
**This film contains strong violence and gore.**

For more info contact Sam Maggs:



[samuel.maggs@thera.co.uk](mailto:samuel.maggs@thera.co.uk)



07738486001







**Get Out. Grab Food. Make Friends.**

# mEAT UP.

## West Lothian

6pm-7:30pm

The Newyearfield  
The Centre  
Livingston  
EH54 6AX

Tuesday 19th March

Tuesday 16th April

Tuesday 14th May

## Midlothian

6pm-7:30pm

Blacksmiths Forge  
Dalkieth  
Midlothian  
EH22 1DU

Monday 25th March

Wednesday 24th April

Monday 20th May



**Short**  
breaks fund



West Lothian  
Council

**For more Information Contact:**  
**samuel.maggs@thera.co.uk**  
**07738486001**

# Regular Events We Love

Along with our monthly 'mEAT UP' and West Lothian Cinema events, here are some other regular events you may want to try out!

Our friends at Get2Gether Regularly run events such as discos and karaoke nights all over the Lothians, not to mention their legendary clubnight at ATIK. To find out more search 'Get2Gether' on facebook, or call them on 07867179023.



**thejazzbar**

Bored on a rainy day? We have the perfect solution. The Jazz Bar on Chambers Street run a FREE afternoon of music every saturday from 2pm-5pm.

Sneaky Pete's in Edinburgh is open everynight with great live music! Check them out online for their upcoming shows! The venue may not be suitable for people in wheelchairs, but the staff will accomodate you as best they can.



St Cecilia's on Niddry street is one of our partner venues. Every 3rd Thursday of the month they run a great evening concert featuring 3 acts of different genres for £5. Gig Buddies members get 2 for 1 on tickets!



Gig Buddies Scotland



@gigbuddies\_scot



Gig Buddies Scotland



@gigbuddies\_scot