

Gig Buddies
West Lothian

Winter/Spring
Newsletter
2020



GIG BUDDIES WEST LoTHIAN

Update From Debbie



Happy New Year to all our members and volunteers!

I'm Debbie, the new West Lothian Gig Buddies project coordinator. I live in West Lothian and love getting out and hearing local bands, old and new. I really enjoyed the female artists promotion night at Purple Orange in November, it was great to see so many local artists.

West Lothian has a great local music scene.

I've spent the past 2 months getting to know some of you and I'm looking forward to getting to know the rest of you over the coming months. In addition to our monthly mEat Up socials, we have organised lots of other socials. I'm especially looking forward to Amp Music Festival in March and joining Edinburgh Gig Buddies during Independent venue week at the end of January.

Though the details aren't finalised, we are also looking forward to working with Get2gether to host another of our inclusive club nights, we'll let you know as soon as we have more information.

Best wishes, Debbie



Become a West Lothian Ambassador!

WE'RE LOOKING FOR MEMBERS TO BECOME GIG BUDDIES AMBASSADORS



- Interview Volunteers
- Promote Gig Buddies
- Boost Confidence
- Get Training
- Talk at Events



Volunteer for Gig Buddies and help spread the word!

Limited spaces available

Talk to Debbie for more info!

This year we are looking for people to become Gig Buddies West Lothian Ambassadors. Being an Ambassador for Gig Buddies gives you a number of opportunities to build your confidence and spread the word about Gig Buddies. This could be introducing new members to the group at mEAT UP, helping to train new volunteers, or even presenting a video about venue accessibility.

Contact Debbie for more information.



Upcoming Events - January

Tuesday 14th January - mEAT UP

It's our first mEAT UP of the year! Come along to The New Yearfield in Livingston for a bite to eat and a catch up with other members. You may even make a few new freinds!



Cameron says:
'I like coming to mEAT UP. It's a great atmosphere getting together. Getting to know new people is fun, it's really fantastic!'



Tuesday 14th January
6pm-7:30pm
The New Yearfield
Livingston Centre
EH54 6XA

Wednesday 29th January - Cloth + Annie Booth

We're going to be joining Gig Buddies Edinburgh in celebrating Independent Venue Week 2020 at a gig at Sneaky Pete's! We will be watching Glasgow alt-rock 3 peice 'Cloth' with support from Annie Booth. Tickets can be bought on the door or booked online at www.sneakypetes.co.uk



Monday 27th Jan - 7-10pm
Sneaky Pete's, Cowgate
Edinburgh, EH1 1JW
Tickets On The Door £9
Support Goes FREE

We are also putting on a gig in Glasgow for Independent Venue Week this year. It's on Friday 31st January at The Glad Cafe. Debbie is unable to run this as a social for West Lothian members but if you would like to know more you can find information at the 'Gig Buddies Scotland' or 'Gig Buddies Glasgow' facebook pages.



Gig Buddies Glasgow

Upcoming Events - February

Saturday 15th February - Live Music in Bathgate



Join us at Bathgate's Midnight Breakfast Club to see musicians Mathew Mcghie, Ben Inglis and Maria Townsley. 3 fantastic live artists playing their mix of acoustic indie, experimental folk rock, and acoustic folk rock.

Saturday 15th February
7pm - Midnight
Midnight Breakfast Club
Bathgate
EH48 1TP
FREE



Thursday 20th February - mEAT UP

Come along to The New Yearfield in Livingston for a bite to eat and a catch up with other members. You may even make a few new freinds!

Tuesday 14th January
6pm-7:30pm
The New Yearfield
Livingston Centre
EH54 6XA

Friday 21st February - Thera Scotland's 10th Birthday



Friday 21st February
7pm onwards
Danderhall Minder Club
Midlothian
Ticket price to be announced

Join us in celebrating Thera Scotland's 10th Birthday. Thera are our parent charity and we're delighted that they are celebrating this milestone. The event will be a gig at Danderhall Miners Club in Midlothian.

To stay up to date with our events remember to like and follow us on Facebook!



Gig Buddies Scotland



Gig Buddies West Lothian

Upcoming Events - March

Sunday 8th March - Live Music in Bathgate

Join us for an afternoon of live music at Bathgate's Cafe 1912. With plenty of food and drink options, this relaxed and social bistro/bar is the perfect place to unwind and check out some local artists. We have 8 FREE spaces available for this event.

Sunday 8th March
3:45pm - 6pm
Cafe 1912, Bathgate
EH48 1TJ
FREE - 8 Spaces



Tuesday 17th March - mEAT UP

Come along to The New Yearfield in Livingston for a bite to eat and a catch up with other members. You may even make a few new freinds!

Tuesday 14th January
6pm-7:30pm
The New Yearfield
Livingston Centre
EH54 6XA

Saturday 28th March - Amp Music Festival

This is a whole day of live music at Bathgate's Regal Theatre! Our friends at Purple Orange are putting on over 40 acts across 2 stages with food, stalls, photo booth, facepainting and more.

Tickets £8 for Gig Buddies members
10 spaces available



Saturday 28th March
2pm - 10pm
Regal Theatre, Bathgate
EH48 4PS
£8 - 10 Spaces

For more information on all of our socials call Debbie, our Project Coordinator, on 07921289625 or email gigbuddies@thera.co.uk

Upcoming Events - April

Thursday 16th April -
mEAT UP



Come along to The New Yearfield in Livingston for a bite to eat and a catch up with other members. You may even make a few new freinds!

Tuesday 14th January
6pm-7:30pm
The New Yearfield
Livingston Centre
EH54 6XA

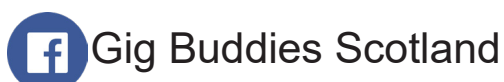
We love to hear from our Gig Buddies! Any ideas or upcoming events you think might be fun to go to please get in touch with Debbie and let us know. We are always eager to expand our programme and run social events you want to go to. We value your opinion and would love to hear from you.

For more information on all of our socials call Debbie, our Project Coordinator, on 07921289625 or email gigbuddies@thera.co.uk



Remeber that the events in this newsletter are just the events we have planned at the moment. We might add other socials if other events are offered to us.

To stay up to date with our events remember to like and follow us on Facebook!



Get involved across the country!

We also run Gig Buddies in Edinburgh and in Glasgow. They are always holding socials as well, and you can get involved! Just head over to their social media pages or get in touch with their local coordinator to find out more!



Sam Maggs - Edinburgh Coordinator

samuel.maggs@thera.co.uk

07738486001



Gig Buddies Edinburgh



Molly Tavella - Glasgow Coordinator

molly.tavella@thera.co.uk

07711388420



Gig Buddies Glasgow

Regular Events We Love

Along with our monthly 'mEAT UP' events, here are some other regular events you may want to try out!

Our friends at Get2Gether Regularly run events such as discos and karaoke nights all over the Lothians, not to mention their legendary clubnight at ATIK. To find out more search 'Get2Gether' on facebook, or call them on 07867179023.



Purple Orange are a great small rock venue in Bathgate. A great place to see a local act or a touring tribute band!

Sneaky Pete's in Edinburgh is open everynight with great live music! Check them out online for their upcoming shows! The venue may not be suitable for people in wheelchairs, but the staff will accomodate you as best they can.



Midnight Breakfast Club are a great small venue in Bathgate that regularly hold gigs for a wide range of music.



Gig Buddies Scotland



@gigbuddies_scot



Gig Buddies Scotland



@gigbuddies_scot