

## Coronavirus (COVID-19) protection level

# Level 3



### Meeting people

No meeting people in your home you do not live with.

Up to 6 people from 2 different households can meet outdoors and in public places.



### Hospitality (like pubs and restaurants)

Sale of alcohol indoors and outdoors not allowed.

Sale of food allowed indoors.

Takeaways are allowed for food and alcohol.



### Accommodation (like hotels, B&Bs, caravan and campsites)

Open with social distancing rules.

Non-essential leisure and tourism use by locals only. Essential (work-related) may continue



### Travel

No non-essential travel to or from Level 3 area.

Exemptions for essential travel for work, education, shopping, health etc; outdoor exercise; weddings and funerals; and travelling through restricted areas.

Quarantine arrangements in place when returning from some places abroad.



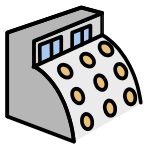
## Transport

Walk, run or cycle where you can.

Avoid non-essential use of public transport.

Avoid car sharing with people outside your household where you can.

Wear face coverings on public transport, unless you are exempt.



## Shopping

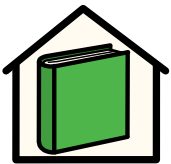
Open.



## Close contact services (like hairdressers, tailors, beauticians)

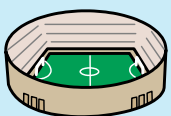
Open but may have extra protective measures.

Mobile services not allowed.



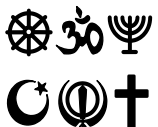
## Public buildings (like libraries)

Open with protective measures.



## Stadiums and events

Not allowed and closed to spectators.



## Worship

Open but limited to 50 people.



## Life events

Wedding and civil partnerships: limited to 20 people.

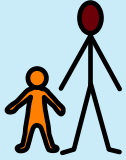
Funerals: limited to 20 people.

Wakes and receptions allowed but limited to 20 people.



## Early learning and formal childcare

Allowed with protective measures in place.



## Informal childcare

Allowed if following household numbers guidance. Children only may enter other households.



## Schools

Open with protective measures in place.



## Colleges and universities

Restricted blended learning (in-person and online teaching).



## Driving lessons

Allowed.



## Sports and exercise

indoor: individual exercise only (under 18s not included).

Outdoor: all allowed except adult (18+) contact sports (professional allowed).



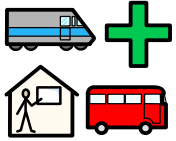
## Leisure and entertainment

Closed.



## Visitor attractions

All open or outdoor only open, depending on circumstances.



### Public services

Essential face to face services only (online where possible)



### Children activities (like youth clubs and children's groups)

Different restrictions apply.



### Support services (like mental health, counselling, day services)

Allowed but online where possible.



### Offices and call centres

Essential only - work from home.



### Other workplaces

Open but working from home by default, where possible.



### Shielding

**Contact with others:** limit meeting people outside your own household and avoid indoor public spaces.

**Shopping:** strictly follow the guidelines when shopping and limit the number of times you go to shop. Shop at quieter times if you can.

**If you cannot work from home:** speak to your employer to ensure all appropriate protections are in place. If they are not, discuss getting a fit note with your GP or clinician.

**School/formal childcare:** parents or guardians should discuss with their GP or clinician whether children should still attend.