

Coronavirus (COVID-19):

rules over the Christmas period in England



With the coronavirus (COVID-19) still making people ill, Christmas will be different for everyone this year.

What are the rules from Wednesday 2 December to Wednesday 24 December?



You must follow the **rules** that are in place in your tier level. You can use the <u>postcode checker</u> to see which **tier** you are in (gov.uk/find-coronavirus-local-restrictions)

What are the rules over Christmas?



On **Friday 25 December**, the rules will be changed for people who live in tier 1, 2 or 3. People will be allowed to travel within England, Wales and Northern Ireland to spend Christmas in "bubbles" of up to 3 households. If you live in a tier 4 area, you will unfortunately not be allowed to form a Christmas bubble. Travel into and out of Scotland is not allowed.

What is a Christmas bubble?



A Christmas bubble is a group of people from no more than **three households**.



You can only be in **one** Christmas bubble. You **cannot** change your Christmas bubble.

one

You can only meet your Christmas bubble in **private homes** or in your **garden**, **places of worship**, or public **outdoor** spaces.



visit

If someone is in your Christmas bubble, you can **visit** each other's homes. You are **not allowed** to **stay overnight**.



How big should my Christmas bubble be?

You should keep your Christmas bubble as small as possible.

What should I do before forming and meeting my Christmas bubble?



You should reduce **unnecessary** contact with people you do not live with as much as possible in the **5 days** before you form your Christmas bubble.

What if I or someone in my Christmas bubble shows symptoms?



If a member of your Christmas bubble tests **positive** for coronavirus (COVID-19) up to 48 hours after members of the bubble last met, **all** members of the bubble must **self-isolate** as if they were members of the same household.

Can I form a Christmas bubble with people I do not normally live with?



If you live in tier 1, 2 or 3, you are **allowed** to form a **different** Christmas bubble from the people you live with normally, but only on Christmas Day (Friday 25 December). If you live in tier 4, you will unfortunately **not** be allowed to form a Christmas bubble.

If I have formed a Christmas bubble can we go to pubs, restaurants and shops together?



No. Bubbles can only **meet** in a private home, outdoors or at a place of worship.

Guidance for care homes



care home



Some people living in registered care and of working age may be able to **leave** their care home to form a bubble, if they agree with the home and with individual risk assessments. A care home resident may form a bubble with **one other** household, and should **not** form a three-household Christmas bubble at any point.

If a care home resident does join a household for Christmas they should social distance, wash hands regularly, and let plenty of fresh air into rooms by opening windows and doors.