Know Your Body: What happens next...

Adam goes for a testicular ultrasound







What happens next...



Adam has been to the doctor because his balls felt different.

doctor



The doctor did an examination and has sent Adam to have an ultrasound.

examination



Adam will have to visit the hospital, or a clinic to have his ultrasound.

hospital



He can take someone with him so he feels supported.

supported



Adam will be able to eat and drink normally before he has his ultrasound.



Adam's appointment will be between 15 to 30 minutes, but not all this time will be spent doing the ultrasound.

time



Some of the appointment will be spent making sure Adam understands what will happen and making him

understands comfortable.



Adam will need to take off the clothes below his waist, but he can put a hospital gown on.



The person doing Adam's ultrasound is called a sonographer.

sonographer



lie down

The sonographer will need Adam to lie down on an examination couch to do the ultrasound.



In the examination room there will be a computer and screen but this is nothing for Adam to worry about, this just helps the sonographer to do their job.



For the ultrasound, the sonographer will use a wand-like machine and move it over Adam's balls.

machine



The sonographer will put a gel-like liquid on Adam's balls which can feel cold.



The gel will help the sonographer move the wand over Adam's balls easily.



The sonographer might have to touch and move Adam's balls while doing the ultrasound.



Adam should not feel any pain during the ultrasound, but the cold gel might be a little bit uncomfortable.

uncomfortable



tissue

Once the sonographer has completed the ultrasound, they will give Adam some tissue to wipe off any gel still on his balls.



Adam can get dressed after the sonographer has completed the ultrasound.



Adam can go home once the ultrasound is finished.



The results of the ultrasound will be sent to the doctor who will contact Adam to talk about **what happens next**.

Questions I might like to ask...



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The health information in these materials relating to testicular cancer awareness is provided by **Orchid**. References available on request.

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