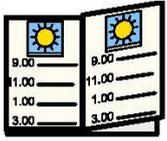


# Know Your Body: What happens next...

## Adam visits the doctor

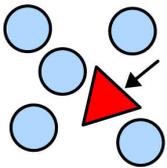




diary



change



different

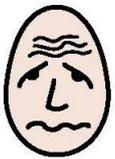
Hello - I am Adam and I use my body diary to write down when I have checked my balls.

I do this so I get to know my body and can notice any change.

Today I checked my balls and they felt different.



## What happens next...



worried

Adam should not be worried; changes happen and most of the time they are harmless.



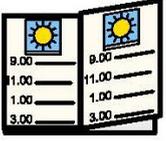
doctor

Adam will visit his doctor to tell them about how his balls feel different.



supported

Adam might feel nervous but he can take someone with him to keep him company so he feels supported.



diary

Adam should take his body diary with him. The doctor will need to do an examination of Adam's balls.



examination

An examination is when the doctor looks at and feels your body.



clothes off

Adam will need to take some clothes off so the doctor can do this.



embarrassed

Adam might feel embarrassed but this is ok; he can have someone to support him and the doctor will be as gentle and quick as possible.



feel

The doctor will feel Adam's balls as part of the examination to see if there are any lumps.



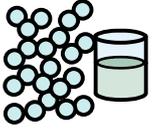
torch

The doctor may use a torch to shine a light against Adam's balls as part of the examination.



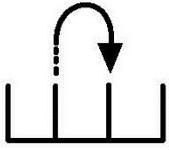
light

The light from the torch will help the doctor see if any lumps on Adam's balls are solid or fluid.



fluid

The doctor will see the light from the torch shine through Adam's ball if the lump is full of fluid.



next

Once the doctor has examined Adam, they will then decide **what happens next**.

## Questions I might like to ask...



questions

Version 1: Information was correct as of 5 October 2022

The health information in these materials relating to testicular cancer awareness is provided by **Orchid**.

References available on request.

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