Know Your Body: What happens next...

Anna goes for a breast ultrasound







What happens next...



Anna has been to the doctor because her boobs felt different.



The doctor did an examination and has sent Anna to have a **breast ultrasound.**



Anna will have to visit the hospital, or a clinic to have her breast ultrasound.



supported

She can take someone with her so she feels supported.



Anna will be able to eat and drink normally before she has her breast ultrasound.



Anna's appointment will be between 15 to 30 minutes, but not all this time will be spent doing the breast ultrasound.



Some of the appointment will be spent making sure Anna understands what will happen and making her comfortable.



Anna will need to take off the clothes above her waist but she can put a hospital gown on.



The person doing Anna's breast ultrasound is called a sonographer.



lie down

The sonographer will need Anna to lie down on an examination couch to do the breast ultrasound.



In the examination room there will be a computer and screen but this is nothing for Anna to worry about, this just helps the sonographer to do their job.



machine

The sonographer will use a wand-like machine and move it over Anna's boobs.



The sonographer will put a gel-like liquid on Anna's boob which can feel cold.



The gel will help the sonographer move the wand over Anna's boob easily.



The sonographer might ask Anna to move her arm up and down while she is doing the breast ultrasound.



Anna should not feel any pain during the breast ultrasound but the cold gel might be a little bit uncomfortable.



Once the sonographer has completed the breast ultrasound, they will give Anna some tissue to wipe off any gel still on her boobs.



Anna can get dressed after the sonographer has completed the breast ultrasound.



Anna can go home once the breast ultrasound is finished.



The results of the breast ultrasound will be sent to the doctor who will contact Anna to talk about **what happens next.**

Questions I might like to ask...

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questions	

Version 1: Information was correct as of 30 September 2022.

Health information in these materials are provided by **CoppaFeel!** with oversight from their Medical Advisory Group.

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