

# Know Your Body: What happens next...

## Anna goes for a mammogram



# What happens next...



doctor

Anna has been to the doctor because her boobs felt different.



examination

The doctor did an examination and has sent Anna to have a **mammogram**.



hospital

Anna will have to visit the hospital, or a clinic to have her mammogram.



supported

She can take someone with her so she feels supported.



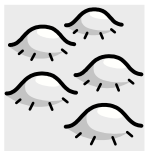
mammogram

A mammogram will take an x-ray of Anna's boobs.



x-ray

An x-ray takes a photograph of what is happening inside Anna's body.



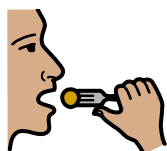
lumps

A mammogram will be able to see if there are any lumps inside Anna's boobs that cannot be felt from an examination.



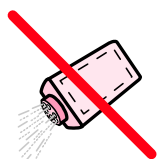
time

Anna's mammogram will only take a few minutes, but her appointment may last about 30 minutes.



eat

Anna will be able to eat and drink normally before she has her mammogram.



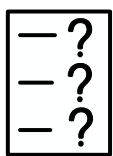
talcum powder

Anna should try not to use talcum powder or deodorant on the day of her visit as this may affect the mammogram.



deodorant

Anna might be asked to fill in a questionnaire before her mammogram, but her supporter can help her to do this.

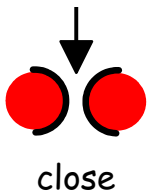


questionnaire

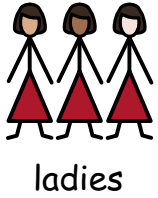


undressed

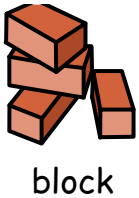
Anna will need to take off the clothes above her waist, but she can put on a hospital gown.



Anna will need to stand close to the mammogram machine.



The person doing Anna's mammogram is called a mammographer. There will be two mammographers and they will be ladies.



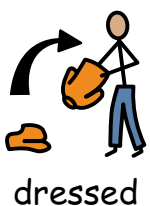
The mammographer will put Anna's boobs between two flat plastic blocks to hold them firmly in place.



Anna might feel some pressing on her boobs and feel a bit uncomfortable but it will be over quickly.



Anna will have two photos taken of each boob. One from the top and one from the side.



Anna can get dressed once the mammographer has taken the pictures.



Anna's boobs might feel a little bit tender or sore for a few hours, but this will not last long.



Anna can go home once the mammographer has taken the photographs.



The results of the mammogram will be sent to the doctor who will contact Anna to talk about **what happens next**.

## Questions I might like to ask...



Version 1: Information was correct as of 30 September 2022.

Health information in these materials are provided by **CoppaFeel!** with oversight from their Medical Advisory Group.

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