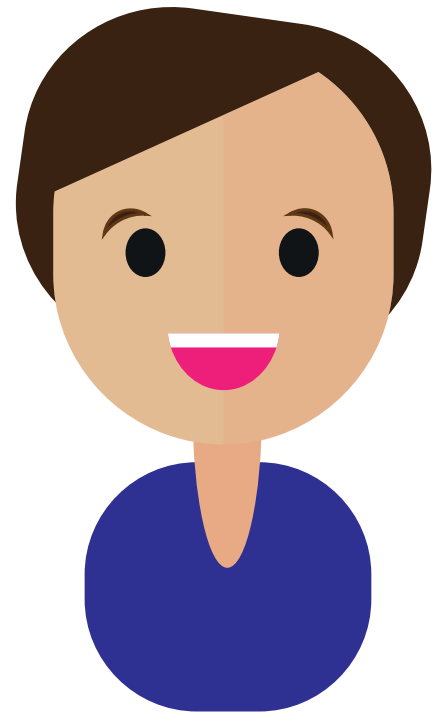


Know Your Body: What happens next...

Ashley goes for a blood test



What happens next...



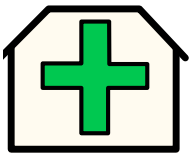
doctor

Ashley has been to the doctor because their testicles felt different.



examination

The doctor did an examination and has sent Ashley to have a **blood test**.



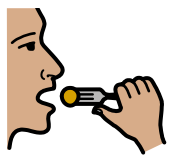
hospital

Ashley will have to visit the hospital, or a clinic to have their blood test.



supported

They can take someone with them so they feel supported.



eat

Ashley should be able to eat and drink normally before they have their blood test



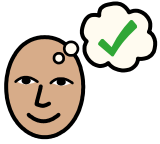
explain

If Ashley is not allowed to eat or drink before the blood test, their doctor will let them know.



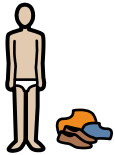
time

Ashley's appointment will be between 15 to 30 minutes, but not all this time will be spent doing the blood test.



understands

Some of the appointment will be spent making sure Ashley understands what will happen and making them comfortable.



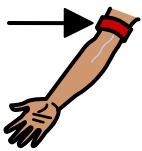
clothes off

Ashley will need to take their top off or roll their sleeves up to show their full arm.



comfortable

Ashley can sit in a chair or lay down on the examination couch to have their blood taken. Whichever they find most comfortable.



band

The doctor will wrap a band round Ashley's upper arm and pull it quite tight.



numb

The doctor will then numb Ashley's arm by rubbing some cream on it or spraying it with a liquid.



fist

Ashley might be asked to squeeze their hand into a fist.



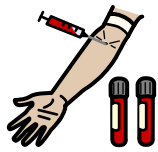
needle

The doctor will then find one of Ashley's veins in their arm and push a very fine needle into it.



pain

Ashley should not feel any pain during the blood test, maybe just a little scratch as the needle goes in.



blood test

The doctor will then fill some small bottles with Ashley's blood.



bend

Once the doctor has finished the blood test they will take out the needle, remove the band, and bend Ashley's arm.



plaster

After a few moments, Ashley will be able to straighten their arm and the doctor will put a plaster on it.



dressed

Ashley can then put their top back on or roll their sleeve back down.



home

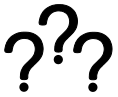
Ashley can go home once the blood test is finished.



doctor

The results of the blood test will be sent to the doctor who will contact Ashley to talk about **what happens next**.

Questions I might like to ask...



questions

Version 1: Information was correct as of 5 October 2022

The health information in these materials relating to testicular cancer awareness is provided by **Orchid**.

References available on request.

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