

Look

look



Feel

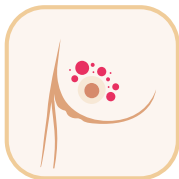
feel



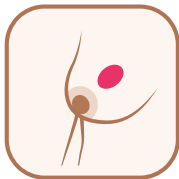
Be aware

aware

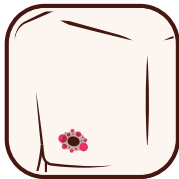
Book a doctors appointment if you notice any of these symptoms



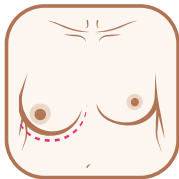
Skin changes such as puckering or dimpling



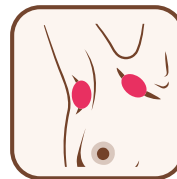
Unusual lumps and thickening



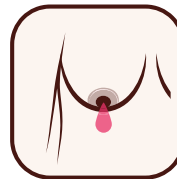
A rash or crusting on or around your nipple



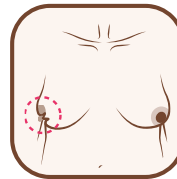
A sudden, unusual change in size or shape



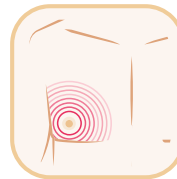
Unusual lump or swelling in your armpit, or around your collarbone



Liquid coming from your nipple



Nipple is pulled inwards or changes direction



Constant, unusual pain in your breast or pec, or armpit