

Know Your Body: What happens next...

Ashley goes for a breast ultrasound



What happens next...



doctor

Ashley has been to the doctor because their breast tissue felt different.



examination

The doctor did an examination and has sent Ashley to have a **breast ultrasound**.



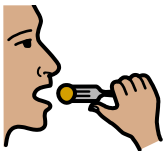
hospital

Ashley will have to visit the hospital, or a clinic to have their breast ultrasound.



supported

They can take someone with them so they feel supported.



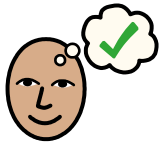
eat

Ashley will be able to eat and drink normally before they have their breast ultrasound.



time

Ashley's appointment will be between 15 to 30 minutes, but not all this time will be spent doing the breast ultrasound.



understands

Some of the appointment will be spent making sure Ashley understands what will happen and making them comfortable.



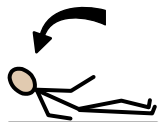
undressed

Ashley will need to take off the clothes above their waist but they can put a hospital gown on.



sonographer

The person doing Ashley's breast ultrasound is called a sonographer.



lie down

The sonographer will need Ashley to lie down on an examination couch to do the breast ultrasound.



computer

In the examination room there will be a computer and screen but this is nothing for Ashley to worry about, this just helps the sonographer to do their job.



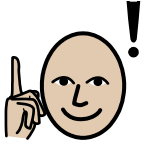
machine

The sonographer will use a wand-like machine and move it over Ashley's breast tissue.



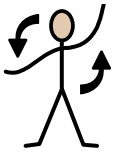
gel

The sonographer will put a gel-like liquid on Ashley's breast tissue which can feel cold.



easily

The gel will help the sonographer move the wand over Ashley's breast tissue easily.



move

The sonographer might ask Ashley to move their arm up and down while they are doing the breast ultrasound.



uncomfortable

Ashley should not feel any pain during the breast ultrasound but the cold gel might be a little bit uncomfortable.



tissue

Once the sonographer has completed the breast ultrasound, they will give Ashley some tissue to wipe off any gel.



dressed

Ashley can get dressed after the sonographer has completed the breast ultrasound.



home

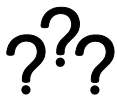
Ashley can go home once the breast ultrasound is finished.



doctor

The results of the breast ultrasound will be sent to the doctor who will contact Ashley to talk about **what happens next.**

Questions I might like to ask...



questions

Version 2: Updated 3 December 2024, health information was correct as of 30 September 2022.

Health information in these materials are provided by **CoppaFeel!** with oversight from their Medical Advisory Group.

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