

Know Your Body: What happens next...

Adam goes for a blood test



What happens next...



doctor

Adam has been to the doctor because his balls felt different.



examination

The doctor did an examination and has sent Adam to have a **blood test**.



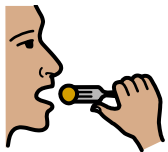
hospital

Adam will have to visit the hospital, or a clinic to have his blood test.



supported

He can take someone with him so he feels supported.



eat

Adam should be able to eat and drink normally before he has his blood test



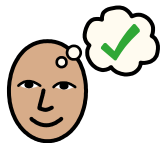
explain

If Adam is not allowed to eat or drink before the blood test, his doctor will let him know.



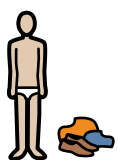
time

Adam's appointment will be between 15 to 30 minutes, but not all this time will be spent doing the blood test.



understands

Some of the appointment will be spent making sure Adam understands what will happen and making him comfortable.



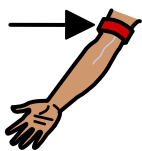
clothes off

Adam will need to take his top off or roll his sleeves up to show his full arm.



comfortable

Adam can sit in a chair or lay down on the examination couch to have his blood taken. Whichever he finds most comfortable.



band

The doctor will wrap a band round Adam's upper arm and pull it quite tight.



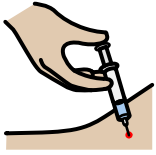
numb

The doctor will then numb Adam's arm by rubbing some cream on it or spraying it with a liquid.



fist

Adam might be asked to squeeze his hand into a fist.



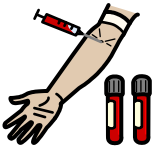
needle

The doctor will then find one of Adam's veins in his arm and push a very fine needle into it.



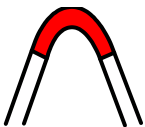
pain

Adam should not feel any pain during the blood test, maybe just a little scratch as the needle goes in.



blood test

The doctor will then fill some small bottles with Adam's blood.



bend

Once the doctor has finished the blood test they will take out the needle, remove the band, and bend Adam's arm.



plaster

After a few moments, Adam will be able to straighten his arm and the doctor will put a plaster on it.



dressed

Adam can then put his top back on or roll his sleeve back down.



home

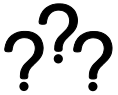
Adam can go home once the blood test is finished.



doctor

The results of the blood test will be sent to the doctor who will contact Adam to talk about **what happens next**.

Questions I might like to ask...



questions

Version 2: Updated 3 December 2024, health information was correct as of 5 October 2022.

The health information in these materials relating to testicular cancer awareness is provided by **Orchid**.

References available on request.

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