

# Know Your Body: What happens next...

## Adam goes for a testicular ultrasound



# What happens next...



doctor

Adam has been to the doctor because his balls felt different.



examination

The doctor did an examination and has sent Adam to have an **ultrasound**.



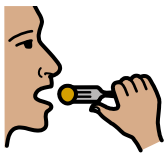
hospital

Adam will have to visit the hospital, or a clinic to have his ultrasound.



supported

He can take someone with him so he feels supported.



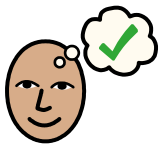
eat

Adam will be able to eat and drink normally before he has his ultrasound.



time

Adam's appointment will be between 15 to 30 minutes, but not all this time will be spent doing the ultrasound.



understands

Some of the appointment will be spent making sure Adam understands what will happen and making him comfortable.



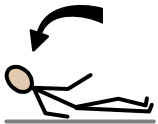
undressed

Adam will need to take off the clothes below his waist, but he can put a hospital gown on.



sonographer

The person doing Adam's ultrasound is called a sonographer.



lie down

The sonographer will need Adam to lie down on an examination couch to do the ultrasound.



computer

In the examination room there will be a computer and screen but this is nothing for Adam to worry about, this just helps the sonographer to do their job.



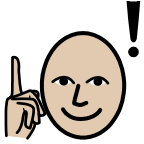
machine

For the ultrasound, the sonographer will use a wand-like machine and move it over Adam's balls.



gel

The sonographer will put a gel-like liquid on Adam's balls which can feel cold.



easily

The gel will help the sonographer move the wand over Adam's balls easily.



move

The sonographer might have to touch and move Adam's balls while doing the ultrasound.



uncomfortable

Adam should not feel any pain during the ultrasound, but the cold gel might be a little bit uncomfortable.



tissue

Once the sonographer has completed the ultrasound, they will give Adam some tissue to wipe off any gel still on his balls.



dressed

Adam can get dressed after the sonographer has completed the ultrasound.



home

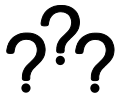
Adam can go home once the ultrasound is finished.



doctor

The results of the ultrasound will be sent to the doctor who will contact Adam to talk about **what happens next**.

## Questions I might like to ask...



questions

Version 2: Updated 3 December 2024, health information was correct as of 5 October 2022.

The health information in these materials relating to testicular cancer awareness is provided by **Orchid**.

References available on request.

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